



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

5.3.3

SPORTS AND CULTURAL EVENTS ORGANISED DURING 2022-2023



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

8th INTERNATIONAL YOGA DAY

PROGRAMME OBJECTIVES:

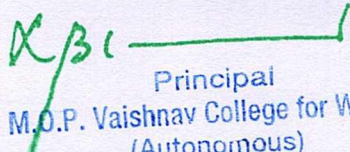
- To promote the practice and significance of yoga among students from M.O.P. Vaishnav College encouraging them to partake in a coordinated yoga routine on International Day of Yoga.
- To create awareness about the physical, mental, and emotional benefits of yoga, with a focus on fostering holistic well-being.

PROGRAMME IN BRIEF:

On June 21, 2022, 150 students from M.O.P. Vaishnav College for Women, along with University of Madras students, gathered at the college auditorium to celebrate the International Day of Yoga. They participated in a coordinated yoga routine guided by an instructor, showcasing various asanas and breathing exercises. Prof DR. Elangovan Vellaichamy, Registrar of the University of Madras, commended their efforts and encouraged them to continue their yoga practice. Dr. Lalitha Balakrishnan, the college principal, highlighted the holistic benefits of yoga, emphasizing its positive impact on physical, mental, and emotional well-being. The event also featured a special yoga performance by Dharma Teju from The University of Madras. This annual celebration aligns with the United Nations' recognition of the International Day of Yoga and provided a post-pandemic opportunity for the college and University of Madras to come together for this event.

PROGRAMME OUTCOMES:

- Increased awareness among students about the positive impact of yoga on their physical, mental, and emotional health.
- Increased knowledge among students about the origins and global significance of the International Day of Yoga, promoting cultural understanding and global awareness.


Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakam, Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

INVITE



UNIVERSITY OF MADRAS
DEPARTMENT OF PHYSICAL EDUCATION, CHENNAI - 600 005

IN ASSOCIATION WITH

M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS), CHENNAI - 600 034

CELEBRATING

8th INTERNATIONAL DAY OF YOGA

Request the pleasure of your company on
21st June, 2022 (Tuesday) at 07.30a.m.
at M.O.P. Vaishnav College for Women (OAT)

PROF.Dr.S.GOWRI

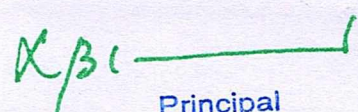
Vice-Chancellor
University of Madras

Will inaugurate the event

Prof.Dr.V.MAHADEVAN
Director of Physical Education
University of Madras

Dr.LALITHA BALAKRISHNAN
Principal
M.O.P. Vaishnav College for Women

IMAGES OF THE EVENT



Principal

M.O.P. Vaishnav College for Women

SIGNATURE OF THE PRINCIPAL

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



KBC _____
Principal
M.O.P. Vaishnav College for Women
(Autonomous)

SIGNATURE OF THE PRINCIPAL
No. 20/ML-405, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

FELICITATION OF VAISHALI AND PRAGGNANANDHAA - CHESSPRODIGIES

INVITE



M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(College affiliated to the University of Madras & Re-accredited at "A++" Grade by NAAC)

Chennai - 600 034

The Management, Principal, Staff and Students
Cordially invite you to the

**44th FIDE Chess Olympiad 2022
MEDALISTS'**

Felicitation Function



R. Praggnanandhaa

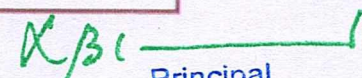


R. Vaishali

Venue: College Auditorium (Second Floor)

Date: 14th September 2022

Time: 4.00 p.m.


Principal
M. O. P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

PROGRAMME OBJECTIVES:

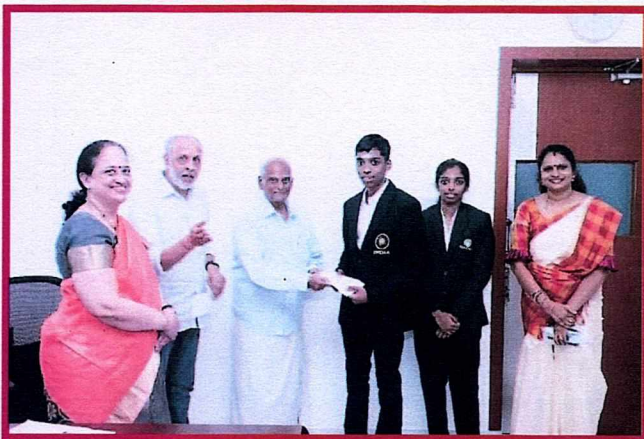
- To celebrate the achievement of the chess prodigies.
- To acknowledge and appreciate the presence and contributions of the players and inspire fellow students.

PROGRAMME IN BRIEF:

The Department of Physical Education, along with the Ministry of Sports, M.O.P. Sansad 22-23, felicitated the chess prodigies R. Pragganandhaa and R. Vaishali at M.O.P Vaishnav College for Women, on July 26 2022. Ahead of their participation in the 44th FIDE Chess Olympiad that commences on July 28 in Chennai, the management, principal, staff and students greeted and honoured the young chess champions and wished them well. R. Vaishali addressed the gathering and expressed gratitude towards her professors, peers and the principal for their constant encouragement. In a gesture of goodwill, students of the college also delivered a choir performance to wish the siblings good luck for the championship.

PROGRAMME OUTCOME:

- Boost the morale and motivation of the competitors.
- Acknowledge the efforts taken by the prodigies and their family.



KBC _____
Principal
M. O. P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

FRESHERS' SPORTS DAY 22-23

CIRCULAR

M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

DEPARTMENT OF PHYSICAL EDUCATION

FRESHER'S SPORTS

Attn: To all the Students

Subject: Inter-department Fresher's Sports 2022-2023

The Ministry of Sports along with the Sports department is planning to conduct 'Inter-department Fresher's Sports' is pre-poned to 23rd August 2022 (Tuesday) at University Union Ground, Chetpet. Enclosed, is the list of events for students. Kindly ensure participation from respective departments.

S.NO	GAME	NO. OF PARTICIPANTS	EVENT	DATE	TIME
1	THROW BALL	12 per department (9 + 3)	TEAM	23.08.2022	Reporting Time 8.00 A.M
2	KHO-KHO	12 per department (9 + 3)	TEAM	23.08.2022	
3	BADMINTON	3 per department (2 + 1)	DOUBLES	23.08.2022	
4	CHESS	2 per department (1 + 1)	INDIVIDUAL	23.08.2022	
ATHELETIC EVENTS					
5	100 M	2 players per department	INDIVIDUAL	23.08.2022	Reporting Time 10.00 A.M
6	200 M	2 players per department	INDIVIDUAL	23.08.2022	
7	400 M	2 players per department	INDIVIDUAL	23.08.2022	
8	4*100 RELAY	4 players per department (1 Team)	TEAM	23.08.2022	
9	SHOT PUT	2 players per department	INDIVIDUAL	23.08.2022	

NOTE:

- Only 1 team from each department is allowed to take part.
- One participant can participate only in two events in Athletics.
- The department are:
- Department of Commerce
- Team A (B. Com A&F S-I, B. Com Finance & Taxation, B. Com Honours)
- Team B (B. Com A&F S-II, B. Com CS, B. Com MM)
- Department of Management Studies (BBA)

KBC

Principal
M. O. P. Vaishnav College for Women
(Autonomous)
SIGNATURE OF THE PRINCIPAL
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

INVITE

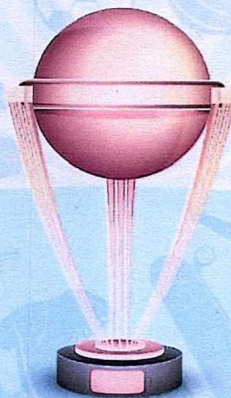


M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(College affiliated to the University of Madras & Re-accredited at "A++" Grade by NAAC)

Chennai - 600 034

FRESHERS'
SPORTS DAY
2022-2023



23rd August 2022

09.00 a.m

University Union Ground

Chetpet - Chennai

Principal

M.O.P. Vaishnav College for Women

(Autonomous)

SIGNATURE OF THE PRINCIPAL

No. 20, IV Lane, Nungambakkam High Road

Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

PROGRAMME OBJECTIVES:

- To foster integration and inclusivity among freshers by providing a platform for them to engage in friendly sports competitions.
- To increase student engagement and participation in campus activities, including sports and athletics.

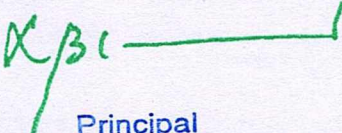
PROGRAMME IN BRIEF:

The Department of Physical Education and the Ministry of Sports, M.O.P. Sansad, organized the vibrant and energetic Freshers' Sports Day on 23rd August 2022, at the Madras University Union Grounds, Chetpet. The event aimed to welcome the new batch of students to the college and promote physical fitness, teamwork, and sportsmanship among them. The freshers showed remarkable enthusiasm throughout the event. The event provided them with an excellent opportunity to showcase their talents and integrate into the college's vibrant sports community. The day concluded with a Valedictory ceremony to recognize outstanding performances.

Dr. V Mahadevan, Director of Physical Education, University of Madras, graced the occasion and distributed the awards to the players. Winners from each game were awarded medals, certificates, and trophies in recognition of their achievements.

PROGRAMME OUTCOME:

- Motivate freshers to join and actively participate in sports clubs, teams, and related activities on campus.
- Recognize and celebrate the talents and skills of freshers in various sports, fostering healthy competition and recognition.


Principal

M.O.P. Vaishnav College for Women

SIGNATURE OF THE PRINCIPAL

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

IMAGES OF THE EVENT



KBC _____
Principal

M.O.P. Vaishnav College for Women
SIGNATURE OF THE PRINCIPAL
(Autonomous)

No.20, IV Lane, Nungambakkam High Road
Chennai-600 034

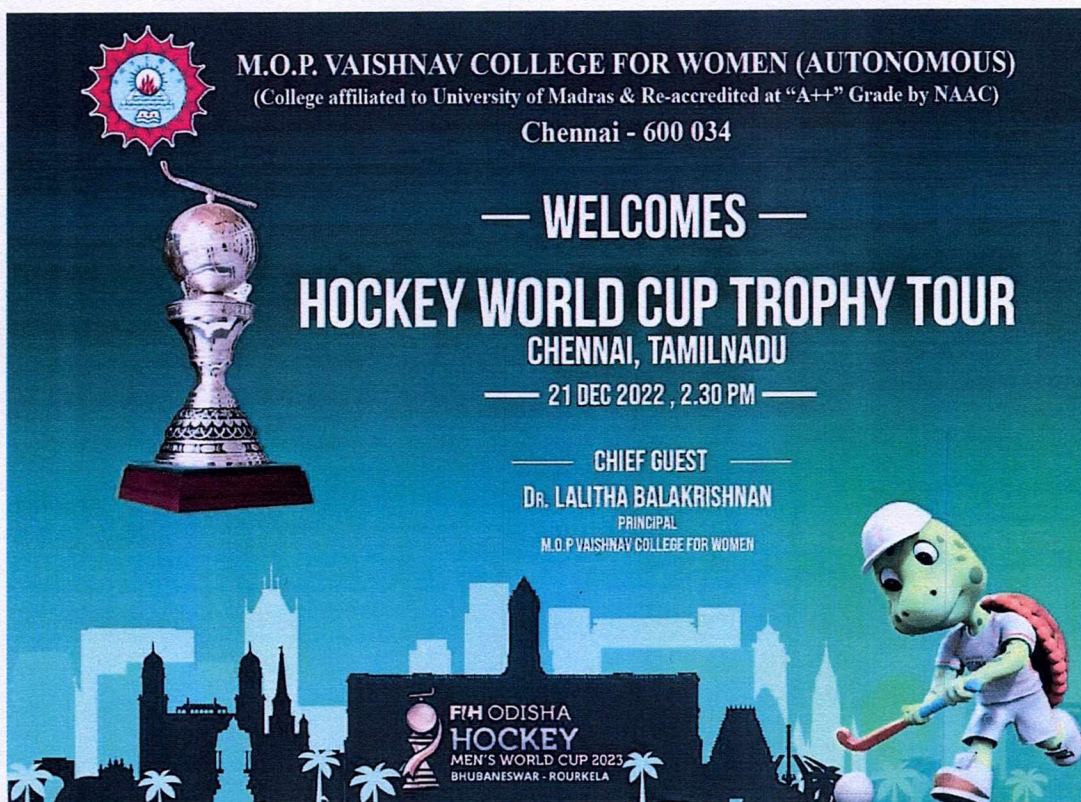


M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

HOCKEY WORLD CUP TROPHY TOUR



PROGRAMME OBJECTIVES:

- To honour and celebrate the Indian Hockey Team's achievements in making the nation proud and raise awareness about the 15th Edition of Hockey Men's World Cup.
- To inspire college students to take an active interest in sports, specifically hockey, and strengthen their connection with the Indian Hockey Team.
- To extend best wishes and support to the Indian Hockey Team for their upcoming tournament, encouraging them to excel, while allowing students to interact with the World Cup trophy for a memorable experience.

PROGRAMME IN BRIEF:

M.O.P Vaishnav College for Women, Chennai, had the distinct honour of welcoming the FIH Hockey World Cup on December 21, 2022. The event was organized to pay a heartfelt tribute to the outstanding efforts and performance of the Indian Hockey Team, which has brought immense pride to our nation. This event coincided with the upcoming 15th Edition of the Hockey Men's World Cup scheduled to be held in Bhubaneswar and Rourkela from January 13 to January 29, 2023, featuring 16 competitive teams. The college's

SIGNATURE OF THE PRINCIPAL
Principal
M.O.P. Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

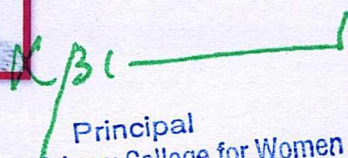
Chennai - 600 034, India.

principal, Dr. Lalitha Balakrishnan, graced the gathering with her presence and extended her best wishes to the team for their future success in upcoming tournaments. The students of M.O.P Vaishnav College enthusiastically congratulated the Indian Hockey Team during the event, while the sports students had the unique privilege of capturing cherished moments with the prestigious FIH Hockey World Cup trophy, an experience that filled them with immense pride.

PROGRAMME OUTCOMES:

- Enhanced awareness of the World Cup and inspiration for student excellence.
- Increased sports interest, healthier lifestyles, and strengthened community unity.




Principal
M. O. P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

VASPO 2022-2023

M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)
(College affiliated to the University of Madras & Re-accredited at "A++" Grade by NAAC)
Chennai - 600 034

The Management, Principal, Staff and Students Cordially invite you to

VASPO
2022 - 2023
AN INTER-COLLEGIATE TOURNAMENT
A VENTURE TO PROMOTE THE BEST SPORTING TALENT.
16th & 17th February 2023.

For more details contact
Dr. L. Amutha Sumankumar - 98407 37407
Director, Physical Education MOPVC
Mrs. V. Jayasree - 90928 14002
Student co-ordinator

WIN
Attractive Gifts
&
Accolades

Basketball | Table Tennis | Volleyball | Ball Badminton | Chess | Badminton

Last date to confirm your participation : 5 p.m., 10th February 2023
Kindly confirm your participation by mailing us at : vaspo2023@gmail.com



M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)
(College affiliated to the University of Madras & Re-accredited at "A++" Grade by NAAC)
Chennai - 600 034

The Management, Principal, Staff and Students
Cordially invite you to the

Valedictory Function of

VASPO
2022 - 2023
AN INTER-COLLEGIATE TOURNAMENT
A VENTURE TO PROMOTE THE BEST SPORTING TALENT

Powered by

FLW SERVE

Chief Guest

Dr. S. Santhosh Baboo

Former Syndicate Member - University of Madras
Principal - D.G Vaishnav College

Guest of Honour

Ms. Yashini Sivashankar
International Table Tennis Player

Date
17th February, 2023

Time
5.30 p.m

Venue
DG Vaishnav College
Chennai - 600106

KBC

Principal

M.O.P. Vaishnav College for Women
SIGNATURE OF THE PRINCIPAL
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

PROGRAMME OBJECTIVES:

- To enable fair play, teamwork, and sportsmanship among participants: The event aims to create an environment where participants learn the values of fairness, cooperation, and sportsmanship.
- To encourage athletes to compete with integrity, respect their opponents, and work together as a team.
- To provide a platform for skill development and athletic showcase. It focuses on offering student-athletes an opportunity to hone their skills and demonstrate their athletic abilities. The event serves as a stage where participants can improve their talents and gain exposure.

PROGRAMME IN BRIEF:

VASPO 2022-23, was a two-day National-Level Inter-Collegiate tournament held at D.G. Vaishnav College Grounds during 17th February, 2023 conducted by the Ministry of Sports as their Flagship event. It showcased the talents of over 100 players from colleges across the country. The Valedictory Ceremony on the second day saw Stella Maris College emerge as the overall winners, with SRM IST securing the runner-up position, earning them the coveted Dr. Sivanthi Adityan Overall Rolling Trophy. Eminent sports enthusiasts from all corners of the nation attended this grand spectacle. The event featured a range of sports including volleyball, badminton, basketball, ball badminton, chess, and table tennis, providing a comprehensive platform for athletic excellence.

PROGRAMME OUTCOME:

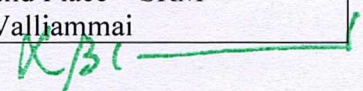
- Promoted a culture of sports and physical fitness among college students, fostering friendly competition and collaboration among students from diverse colleges.
- Encouragement of fair play and sportsmanship among participants.

LIST OF GAMES CONDUCTED:

1. Badminton
2. Basketball
3. Ball badminton
4. Chess
5. Table Tennis
6. Volleyball

WINNERS LIST:

Badminton Results	Basketball Results	Ball Badminton Results
1st Place – Stella Maris College	1st Place – Hindustan University	1st Place – SIET College
2nd Place – Ethiraj College		2nd Place – SRM Valliammai


Principal
SIGNATURE OF THE PRINCIPAL
M. O. P. Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

3rd Place – St. Joseph's College	2nd Place – St. Joseph's College 3rd Place – Vels University	3rd Place – Ethiraj College
Volleyball Results 1st Place – SRM IST 2nd Place – Vels University 3rd Place – Queen Mary's College	Table Tennis Results 1st Place – SRM College 2nd Place – Stella Maris College 3rd Place – Ethiraj College	Chess Results 1st Place - St Joseph's College 2nd Place - Stella Maris college 3rd Place - SSN College

The Overall Trophy is bagged by Stella Maris College & the runner up is SRM IST.

EVENT IMAGES:



KBC

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
SIGNATURE OF THE PRINCIPAL
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

FELICITATION OF M.O.P. SPORTS STARS 2023-2024

M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)
(College affiliated to the University of Madras & Re-accredited at "A++" Grade by NAAC)
Chennai - 600 034

The Management, Principal, Staff and Students
Cordially invite you to the

**Felicitation Function of our
Sports Stars**

30th Annual Sports Day

Chief Guest
Mr. Sharath Kamal
Khel Ratna & Padma Shri Awardee, Olympian
International Table Tennis Player

Date	Time	Venue
20 th February, 2023	4.00 p.m	2 nd Floor Auditorium

PROGRAMME OBJECTIVES:

- To recognize and celebrate outstanding accomplishments in sports.
- To Identify and nurture emerging talent within the sports community.

PROGRAMME IN BRIEF:

The Department of Physical Education, along with the Ministry of Sports, M.O.P. Sansad 22-23, felicitated the M.O.P Sports Stars in the 30th Annual Sports Day held on 20th February, 2023 at the college auditorium. The event solemnly began at 4.00 pm. Mr. Sharath Kamal, Khel Ratna & Padma Shri Awardee, 4 times Olympian, International Table Tennis Player was the Chief Guest of the event. Secretary - Shri Manoj Kumar Sonthalia, Principal - Dr. Lalitha Balakrishnan and Director of Physical Education Dr. L. Amutha Sumankumar were graciously present at the event. More than 500 members witnessed the event. The chief guest addressed the gathering. The college also honored the coaches and support staff for their immense contribution in


Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

sculpting the sports students. The event was concluded with the vote of thanks delivered by Dr. L. Amutha Sumankumar.

PROGRAMME OUTCOME:

- Strengthened sense of community and camaraderie among sports enthusiasts.
- A morale boost for athletes, motivating them to aim for greater success in the future.

CHIEF GUESTS:

- Mr. Sarath Kamal – Khel Ratna & Padma Shri Awardee, International Table tennis player.
- Dr. Lalitha Balakrishnan – Principal, M.O.P. Vaishnav College for Women.
- Mr. Manoj Kumar Sonthalia – Secretary, M.O.P. Vaishnav College for Women.

13 INTERNATIONAL PLAYERS, 73 NATIONAL PLAYERS, 79

INTERUNIVERSITY PLAYERS AND 113 STATE LEVEL PLAYERS WERE

FACILITATED

IMAGES OF THE EVENT



K. B. I.
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

SPORTS DAY 2022-2023

M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

DEPARTMENT OF PHYSICAL EDUCATION &

MINISTRY OF SPORTS

SPORTS DAY 2022 - 2023

(DATE: 21st & 22nd February, 2023)

Attn: HOD's & Students

Subject: Inter-departmental Sports

The Ministry of Sports along with the Sports department is conducting 'Inter-departmental Sports and Athletics Event' at Madras University Union Ground, Chetpet. Enclosed, is the list of events for students. Kindly ensure participation from your respective departments.

S.NO	GAME	NO. OF PARTICIPANTS	EVENT	DATE	TIME
1	THROW BALL	12 per department (9 + 3)	TEAM	21.02.2023 & 22.02.2023	Reporting Time 8.00 A.M at University Ground, Chetpet
2	KHO-KHO	12 per department (9 + 3)	TEAM	21.02.2023 & 22.02.2023	
3	BADMINTON	3 per department (2 + 1)	DOUBLES	22.02.2023	
4	CHESS	2 per department (1 + 1)	INDIVIDUAL	22.02.2023	
ATHELETIC EVENTS					
5	100 M	2 players per program	INDIVIDUAL	22.02.2023	Reporting Time 11.00 A.M at University Ground, Chetpet
6	200 M	2 players per program	INDIVIDUAL	22.02.2023	
7	400 M	2 players per program	INDIVIDUAL	22.02.2023	
8	SHOT PUT	2 players per program	INDIVIDUAL	22.02.2023	
9	4*100M RELAY	4 players per department (1 Team)	TEAM	22.02.2023	

NOTE:

- Only 1 team from each department is allowed to take part.
- One participant can participate only in two events in Athletics.
- Participants of Chess must carry their own board and coins.
- Participants of Badminton must bring their own equipment.

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

**M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)**

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

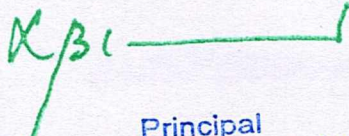
MARCH PAST

DEPARTMENT	PROGRAMS	UNIFORM COLOUR
Commerce A	<ul style="list-style-type: none">B. Com A & F (S-1)B. Com A & F (S-2)B. Com Finance & Taxation	Violet
Commerce B	<ul style="list-style-type: none">B. Com CSB. Com MMB. Com Honours	Violet
Management Studies	<ul style="list-style-type: none">B.B.A (S-1)B.B.A (S-2)	Indigo
Information Technology	<ul style="list-style-type: none">B.Sc. Computer ScienceB.C.AB.Sc. Data Science	Blue
Mathematics	<ul style="list-style-type: none">B.Sc. Mathematics	White
Communication	<ul style="list-style-type: none">B.Sc. Visual CommunicationB.Sc. Electronic MediaB.A Journalism	Green
Food Science	<ul style="list-style-type: none">B.Sc. Food Science & Management	Yellow
Social Science	<ul style="list-style-type: none">B.A SociologyB.Sc. Psychology	Orange
Economics	<ul style="list-style-type: none">B.A Economics	Red
All the PG programs as one team		Brown
SANSAD		Formals
M.O.P Sports		M.O.P Jersey

- Each Department to get 30+2 (Placard holder & Flag holder) students ready for March Past to be held on 21st February, 2023 at 7 am. Reporting time will be 6:15 am.
- March past rehearsal will be held in OAT on 18th February, 2023 at 8 am
- New Flag and Placards will be centrally made & given to the department.
- Departments can choose if they want to wear pants or skirts.
- All shirts to be the same pattern (half hand & pleats in the front)
- White canvas shoes & socks

AEROBICS

- Aerobics competition to be held on 18th February, 2023 at OAT.
- March past & Aerobics practice slots for day college is 2nd hour & for evening college is 5th hour.


Principal
M.O.P. Vaishnav College for Women
(Autonomous)
SIGNATURE OF THE PRINCIPAL
No. 20, TV Lane, Nungambakam, Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)


Chennai - 600 034, India.

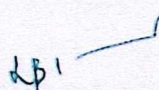
SPORTS EVENTS FOR STAFF

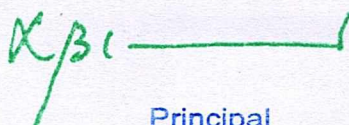
(Date: 21st & 22nd February, 2023)

Attn: To all the Teaching & Non-teaching Staffs.

SCHEDULED DATE	GAME	NUMBER OF STAFF TO BE REGISTERED	TIME
21 th February, 2023	Volley ball (Men)	Team Event	10:00 am at University Union Ground, Chetpet
21 th February, 2023	Badminton (Women)	Doubles	10:00 am at University Union Ground, Chetpet
21 th February, 2023	Throw ball (Women)	Team Event	After March Past at University Union Ground, Chetpet
21 th February, 2023	Badminton (Men)	Doubles	10:00 am at University Union Ground, Chetpet
21 th February, 2023	Carrom (Non-Teaching Staff - Men)	Singles	12:00 noon at University Union Ground, Chetpet


Dr. L. Amutha Sumankumar
(Director of Physical Education)


Dr. Lalitha Balakrishnan
(Principal)


Principal
M.O.P. Vaishnav College for Women
SIGNATURE OF THE PRINCIPAL
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(College affiliated to the University of Madras & Re-accredited at "A++" Grade by NAAC)

Chennai - 600 034

**The Management, Principal, Staff and Students
Cordially invite you to**

30th

Annual Sports Day

Thiru Harsh Singh, IPS.,

Deputy Commissioner of Police (Traffic) North

Will inaugurate and take March Past Salute

Date

21st February, 2023

Time

8.00 a.m

Venue

University Union Grounds - Chetpet

PROGRAMME OBJECTIVES: To enable fair play, teamwork, and sportsmanship among participants. It encourages athletes to compete with integrity, respect their opponents, and work together as a team.

- To provide a platform for skill development and athletic showcase. It focuses on offering student-athletes and faculty an opportunity to hone their skills and demonstrate their athletic abilities.

PROGRAMME IN BRIEF:

The College Sports Day 2022-23, was held on 21st February 2023, was a memorable event that brought together students from various departments. Participants competed in sports ranging from Throwball, Kho-Kho, and Badminton to sprints, relay races, and Shot Put. Teams showcased their skills and sportsmanship in spirited competitions, culminating in awards for the winners and outstanding individuals. Various sports games were conducted

Principal

SIGNATURE OF THE PRINCIPAL
M. O. P. Vaishnav College for Women
(Autonomous)

**No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034**

**M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)***(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)***Chennai - 600 034, India.**

for college faculty as well, such as Volleyball, Badminton, Carrom, Musical corner and passing the ball for both men and women. A zumba session was held for the interested female faculty members on Sports Day. An Aerobics competition was held prior to the sports day. The Overall trophy was bagged by Commerce Team A and the runners up was Commerce Team B.

PROGRAMME OUTCOME:

- Promoted a culture of sports and physical fitness among students, fostering friendly competition and collaboration among students from diverse colleges.
- Encouragement of fair play and sportsmanship among participants.

STUDENTS GAME RESULTS:

<u>Badminton Doubles:</u> Ist Place - B.COM (MM) IInd Place - BSC MATHS IIIrd Place- DEPT OF MANAGEMENT STUDIES	<u>Chess:</u> I PLACE- S SWETHA - 3rd MATHEMATICS II PLACE- N S SARANYA - 3rd MATHEMATICS III PLACE- 2nd COMPUTER SCIENCE	<u>THROWBALL:</u> I PLACE – FSM II PLACE- SOCIAL SCIENCE III PLACE- COMMUNICATION
<u>KHO-KHO:</u> I PLACE – COMMERCE TEAM A II PLACE – MANAGEMENT STUDIES III PLACE – SOCIAL SCIENCE		

STUDENTS ATHLETICS RESULTS:**100 MTS:**

S.NO	POSITION	NAME	DEPT/YEAR
1	WINNER	YUTHIKAA.S	B.COM(HONS) 1 st YEAR
2	RUNNER	DIANEISHIOARI.V	B.COM(A&F) 2 nd YEAR
3	THIRD	AKSHITHA.E	VISCOM 2 nd YEAR

K/31
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

SIGNATURE OF THE PRINCIPAL

**M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)***(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)***Chennai - 600 034, India.****200 MTS:**

S.NO	POSITION	NAME	DEPT/YEAR
1	WINNER	VITIKA	B.COM(CS) 2 nd YEAR
2	RUNNER	MEENA.K.R	B.COM(A&F) 2 nd YEAR
3	THIRD	ARUNIMA.R	B.B.A 1 st YEAR

400 MTS:

S.NO	POSITION	NAME	DEPT/YEAR
1	WINNER	ANANYA ANAND	B.A ECONOMICS
2	RUNNER	R. LALITASRI	B.COM(MM) 1 st YEAR
3	THIRD	GAYATHRI.E	B.B.A 3 rd YEAR

SHOTPUT:

S.NO	POSITION	NAME	DEPT/YEAR
1	WINNER	AADHYA LAKSHMI RAJA	B.B.A 3 rd YEAR
2	RUNNER	SELVA SANKARI.V.K	B.COM(A&F) 2 nd YEAR
3	THIRD	J.C RAMYA SRI	DATA SCIENCE 2 nd YEAR

4 x 100 MTS RELAY:

1ST PLACE: DEPARTMENT OF ECONOMICS

2ND PLACE: DEPARTMENT OF COMMERCE TEAM A

3RD PLACE: DEPARTMENT OF COMMERCE TEAM B

OVERALL RESULT:

I PLACE – COMMERCE TEAM A	II PLACE – COMMERCE TEAM B	III PLACE – MATHEMATICS
------------------------------	-------------------------------	----------------------------

K. B. C.
Principal
M.O.P. Vaishnav College for Women
Autonomous
SIGNATURE OF THE PRINCIPAL
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

EVENT IMAGES:



K/BC _____
Principal

**M.O.P. Vaishnav College for Women
(Autonomous)**

SIGNATURE OF THE PRINCIPAL
No. 20, IV Lane, Nungambakkam High Road
Chennai - 600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



K/β1

Principal
M.O.P. Vaishnav College for Women
(Autonomous)

SIGNATURE OF THE PRINCIPAL
No. 20, IV Line, Purjanduram High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)


(College affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

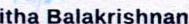
Chennai - 600 034

**30th Annual Sports Day
2022 - 2023**

This is to certify that Ms. ANANYA ANAND
of II BA ECONOMICS has secured the I / H / HH
place in 4x100M RELAY in the
30th Annual Sports Day 2022 - 2023.

Performance Time: _____


Dr. L. Amutha Sumankumar
Director of Physical Education


Dr. Lalitha Balakrishnan
Principal



M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)


(College affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)


Chennai - 600 034

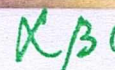
**30th Annual Sports Day
2022 - 2023**

This is to certify that Ms. ANANYA ANAND
of II B-A ECONOMICS has secured the I / II / III
place in 400 METERS in the
30th Annual Sports Day 2022 - 2023.

Performance Time: 1-20 Mins


Dr. L. Amutha Sumankumar
Director of Physical Education


Dr. Lalitha Balakrishnan
Principal



Principal
M.O.P. Vaishnav College for Women
(Autonomous)

SIGNATURE OF THE PRINCIPAL
M.O.P. Vaishnav College for Women
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

NCC DAY

INVITE:



UNITY AND DISCIPLINE



M.O.P. VAISHNAV COLLEGE FOR WOMEN (Autonomous)

Chennai - 34

(College affiliated to University of Madras and Re-accredited at "A++" by NAAC)

The Management, Principal, Staff and students

Cordially invite you to the

NCC Day Celebration

on 2nd March 2023

Chief Guest

Group Captain V Ganesh Narayanan

COMMANDING OFFICER, 1 TN AIR SQN NCC

Guest Of Honour

Ms. Geetha.M

Senior Girl Cadet Instructor, 1 TN Girls BN NCC

Will preside over the function & distribute the prizes.

Venue: Meghdoot

Time : 1:00PM



KBC

Principal

M.O.P. Vaishnav College for Women

SIGNATURE OF THE PRINCIPAL

No. 20, IV Lane, Nungambakkam High Road

Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

Programme Objective:

Yearly NCC day is celebrated in order to remember the goals and objectives behind the Youth Organization and is conducted to remember the journey of MOP NCC throughout the years, and to felicitate the passing out third year cadets.

Programme Brief:

First we started off by giving Guard of honor to the chief guest and we started off the programme with the MOP Anthem and the opening address by our cadets. Our Associate NCC officer Lt Vivitha stated the report of the year. And then the chief guest distributed the prizes for the cadets who won the orientation day competitions, for the passing out cadets and also this year RDC(Republic Day Camp) cadets and MRDC(Marina Republic Day Camp) cadets were felicitated too. Our chief guest group commander V Ganesh Narayanan of 1(TN) Air squadron addressed the gathering. At the end the event was concluded with the NCC song.

Programme Outcome:

NCC day is conducted as a motivation programme for the newly joining cadets and also motivates the passing out cadets to take armed forces as their career.

GUEST PROFILE:

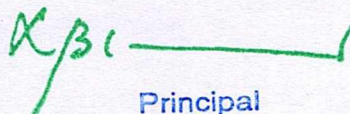
COMMANDING OFFICER, 1 TAMILNADU AIR SQN NCC

- Born and Brought up in Chennai
- Commissioned into the Indian Air Force in Jun 1993
- Into the Flying Branch to Fly Strategic Medium Lift Transport Aircraft

PROFESSIONAL EXPERIENCE / ACHIEVEMENTS

FLYING

- Ø Captain on Multi Engine Turbo Prop Aircraft With Over 4500 Hrs of Experience
- Ø Qualified on All Roles Of AC Including High Altitude Landings
- Ø Instructor / Supervisor on Microlight Aircraft Used In NCC
- Ø Accident / Incident Free Flying Experience in Entire Flying Career
- Ø Qualified Para Jumper



Principal

M.O.P. Vaishnav College for Women

(Autonomous)

SIGNATURE OF THE PRINCIPAL

No. 20, IV Lane, Nungambakkam High Road

Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

ASSESSOR

- Ø Is a Qualified Group Testing Officer of Air Force Selection Board Having Over 6 years of Experience in Assessing.
- Ø Holds a Master's Degree in Psychology from Madras University
 - Ø Psychological Assessment of Candidates Aspiring to Join as Officers in the Armed Forces of India Over a Period of 06 Years
 - Ø 2500 Plus Candidates Assessed for Officer Like Qualities, of Which Over 500 Currently Serving in the Armed Forces.

TRAINING OF ASSESSORS

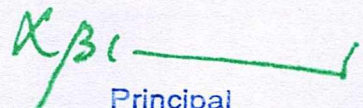
FOREIGN LANGUAGE

- Ø Qualified Interpreter in Chinese (Mandarin).
- Ø Official Interpreter to High Level Indian Air Force Delegation to China.
- Ø Involved in Intelligence Analysis of Flying Activities (Central & South East Asia Region).

NATIONAL CADET CORPS

- Ø Has Been Commanding NCC Air Sqns Consecutively for 3 Tenures Over the Past 08 Years, in Kochi, Guwahati and Now in Chennai
- Ø Has the Credit of Coaching Over 43 Cadets to Successfully Clear The Selection Board Procedures and Become Officers of The Indian Armed Forces Over The Past 08 Years

PHOTOS:



Principal

M.O.P. Vaishnav College for Women

(Autonomous)

SIGNATURE OF THE PRINCIPAL

No. 20, IV Lane, Nungambakkam High Road

Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



K. B. C.

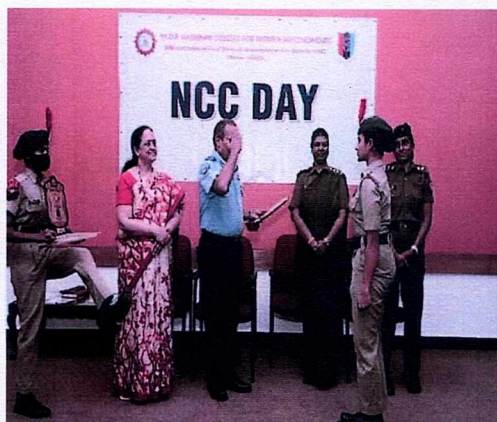
Principal
M.O.P. Vaishnav College for Women
SIGNATURE OF THE PRINCIPAL
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



NCC Achievement 2022 - 2023

S.No	Name of the student	Name of the Award	Achievement
1	SUO Kushi Jain	Best Trainer	RDC Delhi Trg II
2	CUO Avantika Sriram	Best Mentor	RDC Best cadet in inter collegiate camp
3	CSM Charumathi.V	Best trooper	ALC Coimbatore RDC Culturals 2022
4	CQSM Sivasri.V	Best Parade Commander	TSC Mavlankar firing camp , EBSB National camp

K/31

Principal

M.O.P. Vaishnav College for Women

SIGNATURE OF THE PRINCIPAL

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

**M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)***(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)***Chennai - 600 034, India.**

5	SGT Sri prasitha N Nair	Best Cultural performer	Rock climbing camp , Gwalior
6	SGT Varsha	Best Administrator	Contingent commander in RDC
7	SGT Indira.D	Best Advisor	Basic Mountaineering course , Pahalgam
1		III year SGT Sri Prasitha Nair	Best Cadet
2		II Year	Best Cadet
3		I year Cdt S.K Akshaya	Best Cadet
1	CPL Sathyashree.R.B	B.Sc Data Science	RDC Delhi 2023 in the category of Prime ministers rally , Gold in Ballet and Bronze in Group song
2	L/CPL Samyuktha.P.R	B.A Sociology	RDC Delhi 2023 in the category of Prime ministers rally
3	L/CPL Akshitha.S	B.A Journalism	Marina Republic day camp 2023
4	L/CPL Rudhra Dhevi.V	B.Com MM	Marina Republic day camp 2023
1	CDT Ramya .R.P	B.Com MM	Best Cadet Winner
2	CDT Dhanusri .S.R	B.A Sociology	Best Survivor
3	CDT Haripriya .S	B.Sc Maths	Solo Dance Winner
4	CDT Padma.S	B.Com (A&F) Shift – II	Solo Song Winner

K.P.C.
Principal

M.O.P. Vaishnav College for Women
SIGNATURE OF THE PRINCIPAL
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



M.O.P.VAISHNAV COLLEGE FOR WOMEN(AUTONOMOUS)


(College Affiliated To University Of Madras And Re-Accredited at "A++" By NAAC)
Chennai-600034




NATIONAL CADET CORPS

Certificate of appreciation

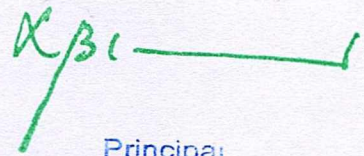
This is to certify that Name **LT. AKSHAYA S.K.**... Regiment number **TN225W43015.**
of M.O.P VAISHNAV College for women, is awarded **BEST CADET**
in NCC for the year **2022-2023**


Associate NCC Officer

Lt.Vivitha S


Principal

Dr.Lalitha Balakrishnan



Principal

M.O.P. Vaishnav College for Women

(Autonomous)

SIGNATURE OF THE PRINCIPAL

No. 20, IV Lane, Nungambakkam High Road

Chennai 600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

VISH – VAISHNAV INITIATIVE FOR SOCIAL HELP

PROGRAM OBJECTIVE:

To provide a fun-filled event for the students while contributing the income to like women's development, education, and similar social causes.

PROGRAM BRIEF:

The Student Cabinet organized VISH, which was a two-day extravaganza, on the 23rd and 24th of September 2022 comprising dandiya eve, movie screening, and entertainment day. The money collected through the event was contributed to various social causes. Each access card costs ₹300.

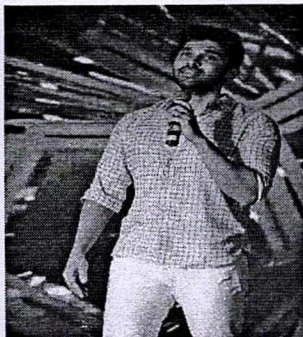
Day 1 had a movie screening for the 1st and 2nd year students and dandiya eve for the 3rd year students. An Entry pass was issued for each student which was stamped during their entry to the college campus. The movie screening was done in 3 schedules with different movies in different rooms. Students were asked to book their preferred movie prior to the screening via google forms. During the dandiya eve, all students decked up in traditional attire. DJ session with DJ Goutham was the highlight of the day, where it started with popular dandiya songs and slowly moved into peppy bollywood and kollywood songs.

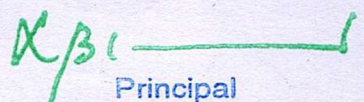
For the entertainment day for 1st and 2nd years. An Entry pass was issued for each student which was stamped during their entry to the college campus. There was also a lot of celebrity walk- and in for the entertainment day which added to the fun. And students were vibing to the music and performed Aesthetic Dancing.

For the dandiya eve, students were dressed in traditional attire. DJ Goutham played music throughout the session that kept the students on the move. It began with popular dandiya songs and then peppy Bollywood and Kollywood songs were played. An event called miss dandiya was conducted where a representative from each department showcased their dandiya skills. Winners were awarded

PROGRAM OUTCOMES:

All the students had a lot of fun during the event. The amount raised was spent for a better cause which indeed makes the event an overall success.




Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

ONAM CELEBRATIONS

PROGRAM OBJECTIVE:

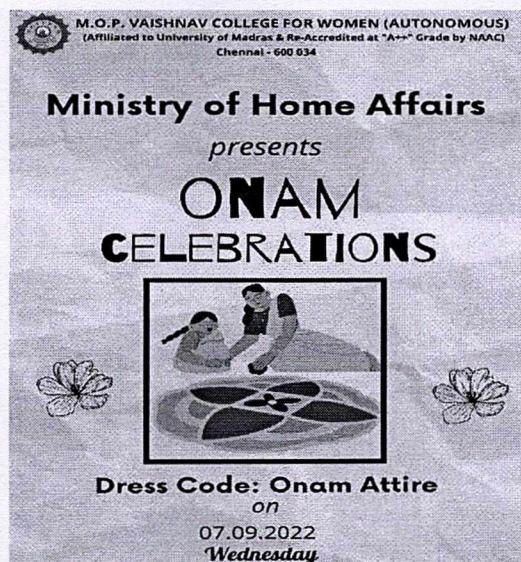
To articulate the artistic nature of the students with the concept of Onam and to bring in the Onam fest vibe in the campus

PROGRAM BRIEF:

The Onam celebration was held on the 7th of September 2022, to bring in the vibe of Onam in campus and enlighten students with the Kerala culture. The students were asked to come in Kerala attires (sarees of golden/white/cream shades) and one interdepartmental competition was conducted – POO KOLAM, where in, the participants were asked to make colorful rangolis from Flowers and depict the culture of Kerala through their rangolis. It was a team event and 16 departments participated and best rangolis were awarded.

PROGRAM OUTCOMES:

Students were able to have exhibit their talents. It helped students to understand the tradition of Kerala and paved a way for them to present their creative side.



PARTICIPANTS LIST FOR POO KOLAM

TEAM	PARTICIPANT1 NAME	PARTICIPANT 2 NAME	DEPARTMENT
1	Keerthana	Meenakshi S Nair	Bsc Food Science and Management
2	Lavanya S	Carelyn Hannah	Ba Journalism

K/31
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

**M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)***(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)***Chennai - 600 034, India.**

3	Aperna S	Girishma P	BBA Shift -1
4	Tharini Veeraganta	Kimshita A Jain	Bsc Psychology
5	G Vaishnavi	R Keerthana	B.com Accounting and finance
6	Harsidhi D Patel	Sheetal rathore	Bsc Electronic Media
7	Shruthi R	Taruni Vempalli	BA Economics
8	Vasheka I	Rishika B	Bsc Mathematics
9	K V Paripoorna	Aadarshini Parthasarathy	B.com MM
10	Kiruthiga R N	Priyanka R	Bsc Data Science
11	Harini M	Riya Balini A	B A Sociology
12	Srigowri	Kavya T	B com Hons
13	Purva	Subalakshmi	BCA
14	Varsha S	Darshini B	Bsc Computer science
15	Sangeetha	Shruthika	B com Finance and Taxation
16	Alamelu	Srinidhi	B com accounting and finance

WINNER'S LIST

PLACE	PARTICIPANTS NAME	DEPARTMENT
1 st Place	Vasheka .I.P, Rishika .B	B.Sc Mathematics
2 nd place	Alamelu, Srinidhi	B.Com Accounting and Finance
3 rd Place	Varsha.S, Varshini.B	B.Sc Computer Science

KBC

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

Photograph



KBC

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

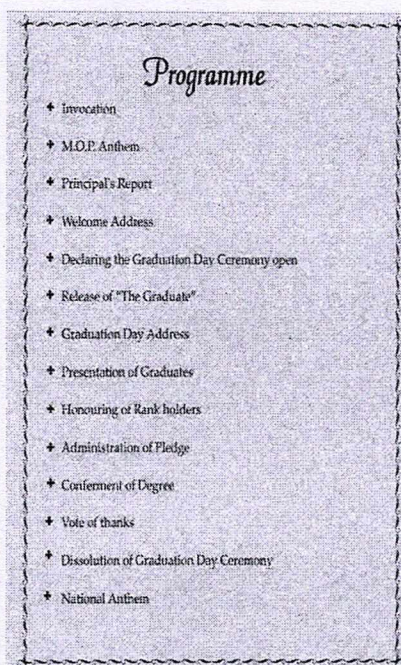
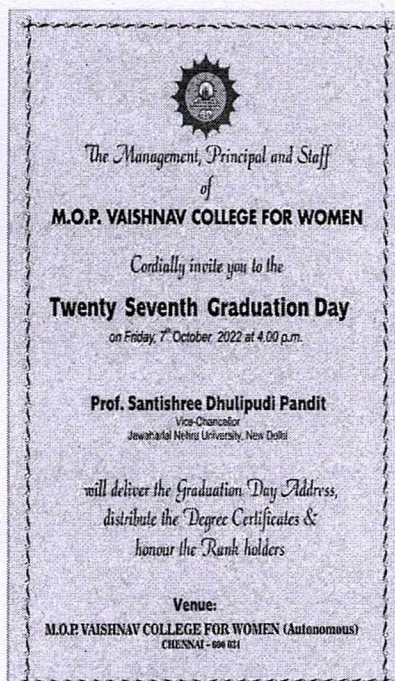
(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

XXVII GRADUATION DAY

DATE: 7.10.2022

TIME : 4:00 – 6:40 PM, VENUE: AUDITORIUM



DATE	TITLE OF THE PROGRAMME	NATURE OF THE PROGRAMME	NO. OF PARTICIPANTS
07-10-2022	XXVII GRADUATION DAY	GRADUATION CEREMONY, BATCH 2018-21 & 2019-2021	1332 Graduates

ABOUT THE PROGRAM:

Graduation is a major accomplishment in one's life and a moment of pride. This program was the 27th graduation day for the batch of 2018-2021 & 2019-2021. The distinguished chief guest of this program was Prof. Santhishree Dhulipudi Pandit, Vice Chancellor, Jawaharlal Nehru University.

PROGRAMME OBJECTIVE:

- The objective of this program focused on presentation of candidates and distribution of certificates to one thousand three hundred and thirty two graduates and five PhD. Laureates (four from the Department of Commerce and one from Media and Communication Studies).
- The program also honoured the Rank Holders of every programme.

PROGRAMME BRIEF:

- The program commenced with an invocation to the almighty and the MOP Anthem.

K/31
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

- Dr.Lalitha Balakrishnan, Principal,MOP Vaishnav College for Women presented the Principal's report
- The graduating classes had recorded 100% pass in most programmes, and near-100% pass in a few programmes
- The graduation day ceremony was opened by Shri Manoj Kumar Sonthalia, Secretary followed by the release of "The Graduate".
- Prof.Santhishree Dhulipudi Pandit, Vice Chancellor, Jawarharlal Nehru University presented the Graduation day address.
- The candidates were presented with their Degree certificates and the Rank Holders were honoured with trophies and certificates.
- The administration of pledge and conferment of Degree presented by Dr.Lalitha Balakrishnan.
- The program concluded with signing of the Graduate Register, dissolution of convocation and Vote of thanks which was presented by Dr.K.C Sumangala Devi, Controller of Examinations.

PROGRAMME OUTCOME:

- Through this program, 1332 graduates received their degree certificates and the rank holders were honoured thereby paving way for their successful future career.

RESOURCE PERSON PROFILE:

Prof.Santhishree Dhulipudi Pandit, is truly a global citizen as we can see from her profile. She was born in Leningrad (Now Saint Petersburg), Russia (The former USSR). Educated in Chennai at the Presidency College, both B.A & M.A Topper and Gold Medalist, completed M.Phil and Ph.D in international Politics from the school of International Studies, Jawarharlal Nehru University, New Delhi and she went on to do her post doctoral studies in Peace and Conflict studies from the Uppsala University, Sweden.

Her teaching and research career spans over 3.5 decades which is no ordinary achievement. Presently she has assumed office as the first women and alumnus Vice Chancellor of India's Top University, Jawaharlal Nehru University, New Delhi in February 2020.

Vice Chancellor, Prof.Santhishree Dhulipudi Pandit has published four books and edited two. She has published several research papers and widely travelled throughout the world. Thirty student have completed their Ph.D under her supervision. She is a polyglot and can speak Telugu,Tamil,Marati,Hindi,Sanskrit and English. She also understands Kannada,Malayalam and Konkani. With such wide knowledge and expertise, she has been the most sought after person for heading and being a part of various committees. She has been nominated to several central universities as President of India's Nominee on selection committee and has also been member of Academic counsels of University Of Pune, and several other universities of India.

Accolades and awards have followed Prof.Santhishree Dhulipudi Pandit and she has been adorned with many. To name a few awards she has received –

- Veer Savarkar Award for Education Field, Pune,May 2010
- Smt. Sushma Swaraj Stree Shakti Award,May 2022
- Universal Peace Federation – Ambassador of Peace Award 2022
- Deendayal Upadhyay Award 2022

KBC

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

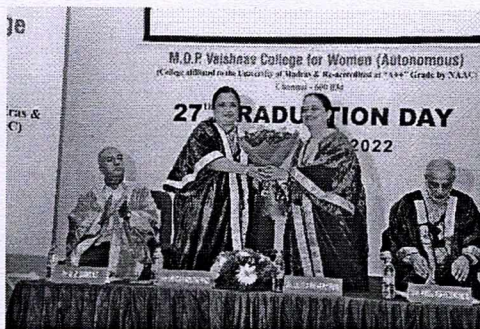
(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

PICTURES



The Principal honouring the Chief Guest Prof. Santhishree Pandit



Release of "The Graduate" Book by the Dignitaries

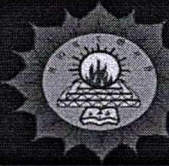


Release of the book "the Graduate" and Honouring of the Rank Holders of the respective Programmes



KBC

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

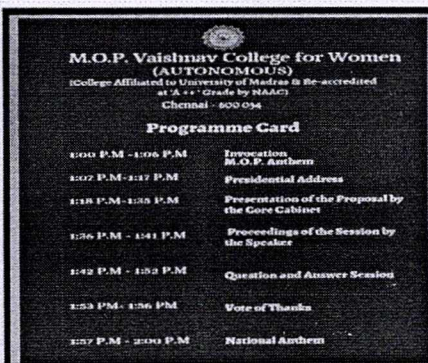
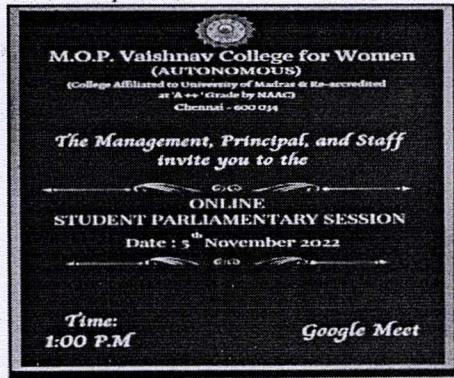
MINISTRY OF YOUTH AFFAIRS

ONLINE PARLIAMENTARY SESSION

Name of the Event: Parliamentary Session of M.O.P. Sansad

Date: 5th November 2022

Time: 1:00 pm onwards



KBC
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

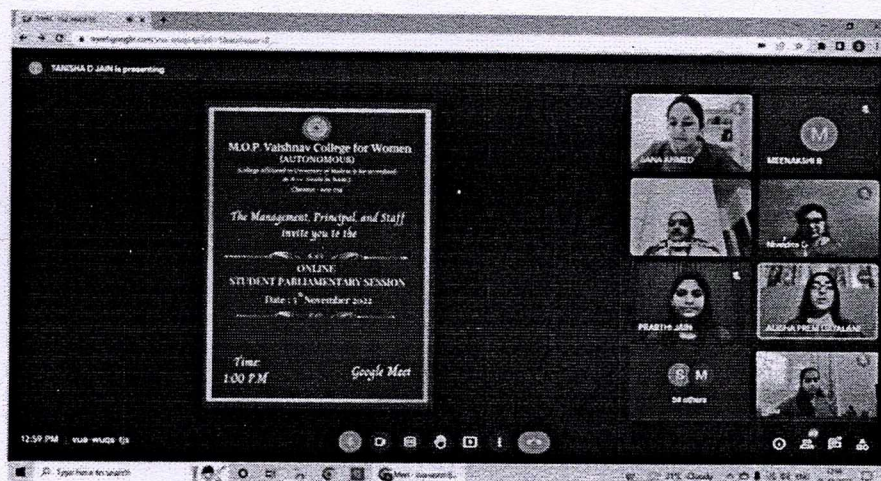
KBC
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



Presentation of Welcome Address



Members casting vote for the proposal of the Core Cabinet

Program Brief:

The Parliamentary Session of the M.O.P Sansad 2022-23 took place on 5th November 2022. The session was presided over by the President of the M.O.P. Sansad. The Core Cabinet, Prime Minister and the Deputy Prime Ministers presented the cabinet proposal for the academic which comprised of the past as well as the proposed events. The events included Human Rights Day, Loud Speaker (the Signature Event of the Cabinet), Abhilasha and Jhankar. The proposal was then moved in the parliament by a majority of votes of the members of the Parliament. During the Question Hour Session, The questions posed by the MPs were answered by President. The Session ended with National Anthem.

K/β
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

K/β
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



M.O.P. Vaishnav College for Women (Autonomous)
(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)
Chennai - 600034

The Management, Principal, Staff and Students
cordially invite the patrons of Music and Dance

to

Shringar

A Celebration of Art and Culture

14th, 15th, 16th December 2022 | 3:00 p.m onwards

Chief Guest

Sangita Kalanidhi

Vidvan Thiruvaarur Shri. Bakthavathsalam

16th December, 2022 | 5:15 p.m

Venue: Auditorium (2nd floor)

All are welcome

Media Partner



DEC
14

Kum. Vishruthi Girish
Carnatic Vocal
Disciple of Kalaimamani Dr. Gayathri Girish
3:00 p.m - 4:00 p.m

Kum. Kameshwari Ganesan
Bharatanatyam
Disciple of Dr. Smt. Sheela Unnikrishnan
4:15 p.m - 5:15 p.m

DEC
15

Kum. V Deepika and
Kum. V Nandhika
Violin Duet
Disciples of Sangetha Kalanidhi
Kum. A Kanyakumari
3:00 p.m - 4:00 p.m

Kum. Aparna Jayaram
Bharatanatyam
Disciple of Padma Shri. Leela Samson
4:15 p.m - 5:15 p.m
Theme: Om Namah Shivaya

DEC
16

Parur Kum. M.K. Ananthlakshmi
Violin Solo
Disciple of Kalaimamani Late
Prof. Parur M.S. Anantharaman
Kalaimamani Parur M.A. Krishnaswamy
3:00 p.m - 4:00 p.m

Kum. Shankari RS
Carnatic Vocal
Disciple of Sangita Kala Acharya
Smt. Suguna Varadachari
4:15 p.m - 5:15 p.m
Theme: Azadi Ka Amrit Mahotsav-
Bharat Darshan



Register on <https://forms.gle/AbnK1zNPBV3oLuhX9> or Contact 9498305129
Guests must register and be seated by 3:00 p.m

K/31

Principal

M.O.P. Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



M.O.P VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)
CHENNAI 600 034

12/12/2022

CIRCULAR

SHRINGAR - a Celebration of Art and Culture featuring our alumni star performers is to be held on 14th, 15th and 16th December 2022 from 3:00 pm to 5:00pm in 2nd floor auditorium. Soft copy of the invite is to be mailed by the departments to students and parents. Guest e-passes will be issued to each department to invite parents as audience. Departments to ensure that students and parents are present for the programme and take care of discipline. Audience to take their seats by 2:45 pm and remain till the end of the programme. Any two classes from the following departments will be the audience:

14/12/2022	15/12/2022	16/12/2022
BA Economics	B.Com CS	B.Com MM
BBA Shift 2	BCA	B.Com Honours
B.Com A&F Shift 2 B2	B.Sc Psychology	B.Com A&F S2 B3
	B.Sc Data Science	







BY ORDERS

PRINCIPAL

M.O.P. Vaishnav College for Women (Autonomous)
(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)
Chennai - 600034

Shringar

A Celebration of Art and Culture
14th, 15th, 16th December 2022 3:00 p.m onwards
Venue: Auditorium (2nd floor), M.O.P. Vaishnav College

 K. V. Vishnuhari Krish Carnatic Vocal 14th December 3:00 p.m - 4:00 p.m	 K. Kameshwari Ganesan Bharatanatyam 14th December 4:15 p.m - 5:15 p.m
 K. V. Deepika and K. V. Nanditha Moha Naat 15th December 3:00 p.m - 4:00 p.m	 K. Aparna Jayaram Bharatanatyam 15th December 4:15 p.m - 5:15 p.m
 Parur K. M. Ananthakumari Vidin Solo 16th December 3:00 p.m - 4:00 p.m	 K. Shankari RS Carnatic Vocal 16th December 4:15 p.m - 5:15 p.m

Chief Guest
Sangita Kalanidhi Vidwan
Thiruvannur Shri. Bakthavathsalam
16th December 5:15 p.m

Media Partner
KIRAN EXPRESS

Scan QR or Contact 9496305139 to register

KBC

Principal
M.O.P. Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

SHRINGAR 2022

Date	Event	Chief Guest	No.of attendees
14.12.2022	Shringar 2022	Vidwan. Thiruvarur Bhakthavatsalam	1565
15.12.2022			
16.12.2022			

PROGRAMME OBJECTIVES

- To celebrate art and culture during the Margazhi season in M.O.P Campus
- To provide a platform for star alumni performers of M.O.P Vaishnav College for Women
- To engage students and art enthusiasts from general public in classical performance arts

PROGRAMME BRIEF

Shringar – A celebration of art and culture, hosting the alumni performers of M.O.P. Vaishnav College for Women was held on the 14 th ,15 th and 16 th of December, 2022. The event was presided over by Vidwan Thiruvaarur Shri. Bakthavathsalam. Sangitha Kalanidhi Awardee and Mridangam Exponent. On 14th December 2022, Ms. Vishruthi Girish (B.Sc Electronic Media 2016-2019 batch) presented a vocal concert followed by a Bharatanatyam Recital by Ms. Kameshwari Ganesan (B.A Journalism 2015-2018 batch)

On 15th December V. Deepika (B.B.A 2015-2018 batch) and V. Nandhika (B.Sc Food Science Management 2018-2021 batch) performed a violin duet followed by a Bharatanatyam Recital by Ms. Aparna Jayaram-Bharatanatyam)B.Com Honours 2012 – 2015 batch) on the theme "Om Namah Shivaya."

On 16th December 2022 Parur M.A. Ananthlakshmi- (B.Com A&F 2015 – 2018 batch) presented a Violin Solo, followed by a Carnatic Vocal Recital by Shankari R.S (B.A Sociology 2015-2018 batch) on the theme "Bharat Darshan)

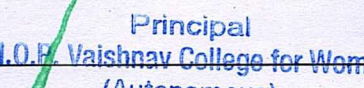
Visitors and art enthusiasts from general public and students of M.O.P Vaishnav College for women attended the three day cultural event.

PROGRAMME OUTCOMES

- An opportunity for budding and seasoned alumni artists to connect with their alma mater.
- Exposing students to classical performing arts, thereby developing appreciation for traditional arts
- Inviting general public to M.O.P campus to appreciate and motivate alumni performers
- Appreciation and honouring of alumni artists by the institution

CHIEF GUEST PROFILE

Vidwan, Tiruvarur Shri Bhaktavatsalam is a Mridangam Exponent and sought after guru in Carnatic Music. He is recipient of the prestigious Sangita Kalanidhi Award conferred by the Music Academy, Chennai, Sangeet Natak Akademi Award from the President of India and Kalaimamani award from the Government of Tamilnadu. He belongs to the tanjore style of mridangam and has his own School of Music named "Laya Madhuraa School of Music". He has composed and directed various music productions such as Laya Madhura Ensemble and 108 Laya Madhura Mridanga Yagnya.


Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



Audience

NAMELIST

Shringar 2022- Audience Registration (General Public)

S.no	Name	Contact Number	Age	Email Address
1	Shobana Ramasubramanian	9444909706	59	advocateshobana@gmail.com
2	J harini	9940095971	17	2213721102012@mopvaishnav.ac.in
3	Sharanya	8778620218	18	sharanhams@gmail.com
4	Jayasree	+91 87545 80738	18	jayasreemohan2004@gmail.com
5	Jayashri A G	9444851677	19	shubhajaya18@gmail.com
6	Kameshwari G	9094964560	25	hai.kams@gmail.com

Principal

M.O.P. Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

7	Jayashri A G	9444851677	19	shubhajaya18@gmail.com
8	Poojitha	9362011199	18	2213711096038@mopvaishnav.ac.in
9	Vetasi S	6382604881	17	vetzeyyy@gmail.com
10	Meghna Unnikrishnan	8148620903	18	meghna.malu@gmail.com
11	Karishma Hari	7395952255	23	karishma.harinath@gmail.com
12	S Vaishnavi	9159666051	18	2213711096065@mopvaishnav.ac.in
13	S Vaishnavi	9159666051	18	2213711096065@mopvaishnav.ac.in
14	Kavitha S	9444441720	50	kavithasureshkumar@gmail.com
15	Jayalakshmi Perumal	9790347315	23	jayalakshmi1130@gmail.com
16	S Vaishnavi	9159666051	18	2213711096065@mopvaishnav.ac.in
17	Subhashini Komeswaran	9600042642	54	subhinithya@gmail.com
18	Bhoomikha	9962327891	20	2013711024007@mopvaishnav.ac.in
19	Alamelu Badri	9500163969	52	badri.alamelu2305@gmail.com
20	Samiksha Sreekanthan	+91 9787106625	19	samiksha.sreekanthan@gmail.com
21	Shobana Raghavan	+65 96467370 (whatsapp)	44	shobana.raghavan@gmail.com
22	Madhurima S Rudra	7356658464	18	2213721018027@mopvaishnav.ac.in
23	Janani Sarath Karthick	9566157555	25	srjanani@gmail.com
24	BADRI	09444267968	58	development.badri@gmail.com
25	Alamelu	09444579089	52	badri.alamelu2305@gmail.com
26	S. Gayathri	8122110042	17	ohmygayu2428@gmail.com
27	Sathvika	7904146069	17	sathvikavt7@gmail.com
28	S. Gayathri	8122110042	17	ohmygayu2428@gmail.com
29	J. Saraswathy	98416 12103	58	saraswathyj05@gmail.com
30	Saraswati Ramachandran	9566157555	40	srjanani@gmail.com
31	Ramachandran V	9566157555	40	srjanani@gmail.com
32	Karthik	9962099881	28	v.karthik1590@gmail.com
33	Bhavna W R	9150860137	20	bhavnawr@gmail.com
34	Dr. Ramya M	8667271626	27	ramyamanokaran95@gmail.com
35	Emilio Frick	07042424242	45	frickemilio77@hotmail.com
36	Preethi Anand	9381221454	38 yrs	preethi.ramachandran@gmail.com
37	Lakshmi Muralidharan	+919444088028	52 years	lakshmimuralidharan1970@gmail.com
38	Sree vidhya.U	07550158074	19	vidhyasree414@gmail.com
39	Vishali.G	+91 96000 79551	18	vishaliganesan12@gmail.com
40	Pavithra Swaminathan	+917708077022	43	pavithramurali2008@gmail.com
41	Maya Swaminathan	+917708077022	10	pavithramurali2008@gmail.com
42	Ananya Swaminathan	+917708077022	8	pavithramurali2008@gmail.com
43	Sundararaman	9840399723	55	sudha.sundararaman@gmail.com
44	Imtiaz	9176622022	58	imtiazlil@hotmail.com
45	Lakshmi Sundaresan	9940370197	30	lakshmi.sundaresan92@gmail.com
46	Jyothi Sundaresan	9886357978	54	sujyla@hotmail.com
47	Dr Ramya M	8667271626	27	ramyamanokaran95@gmail.com
48	Mahalakshmi V	6382876217	21	venkatmaha76@gmail.com

Principal

M.O.P. Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

**M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)***(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)***Chennai - 600 034, India.**

49	Neha G	99406 33395	20	nehasasidhar@gmail.com
50	Neha	9940633395	20	nehasasidhar@gmail.com
51	Keerthi Laxmi M	9566072305	20	mkeerthilaxmi@gmail.com
52	Neha	9940633395	20	nehasasidhar@gmail.com
53	Jayalakshmi	9819672219	31	jayalakshmijayaram64@gmail.com
54	S.Sruuthi	9677186172	20	sruuthi7@gmail.com
55	R. LAKSHMI	8838489501	18	2113711043017@mopvaishnav.ac.in
56	Aswini Anjana	8778831476	29	raveanju1993@gmail.com
57	Venkataramanan	9381002051	64	raveanju1993@gmail.com
58	Prabha, Srinidhi, anush	9840140469	45,15,18	srathnaprabha@gmail.com
59	Rose Antony	6381036737	35	rose.antony.1987@gmail.com
60	George vadakkal	904037088	37	georgejosf@gmail.com
61	Krithika. B	9363005486	18	krithi.bala02@gmail.com
62	Jeyanth	9500089096	20	srjey10@gmail.com
63	Sudha	9500089096	50	srjey10@gmail.com
64	Jagadisan	9500089096	84	srjey10@gmail.com
65	Meenakshi	9500089096	55	srjey10@gmail.com

KBC

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)
(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)
Chennai - 600 034, India.

INAUGURATION OF SDG CLUB

M.O.P. Vaishnav College for Women (Autonomous)
(College affiliated to University of Madras and Re-accredited at A++ Grade by NAAC)
Chennai-600 034

DEPARTMENT OF COMMERCE (B.COM HONOURS)

&

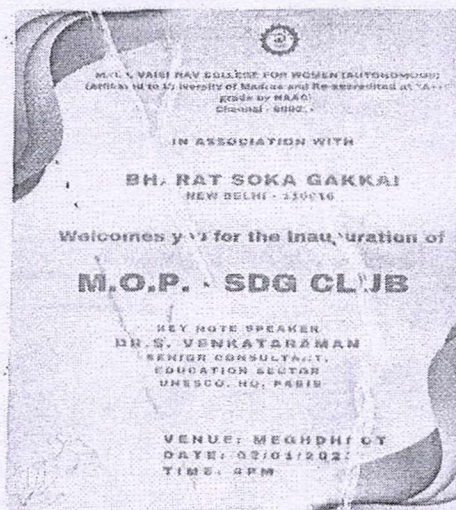
DEPARTMENT OF ECONOMICS AND PUBLIC POLICY (B.A. ECONOMICS)

INAUGURATION OF M.O.P. - SDG CLUB

DATE	TOPIC	Chief Guest	No. of students who attended the session
02/01/2023	Sustainability Development Goals	DrS. Venkataraman Senior Consultant, Education Sector, UNESCO, HQ, Paris.	284

Objectives of the Programme:

- To inaugurate a club that aims at spreading awareness about sustainable development among the students.
- To promote a culture of sustainability and respect for the dignity of all life in society by raising SDG ambassadors across the younger generation.



KBC
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

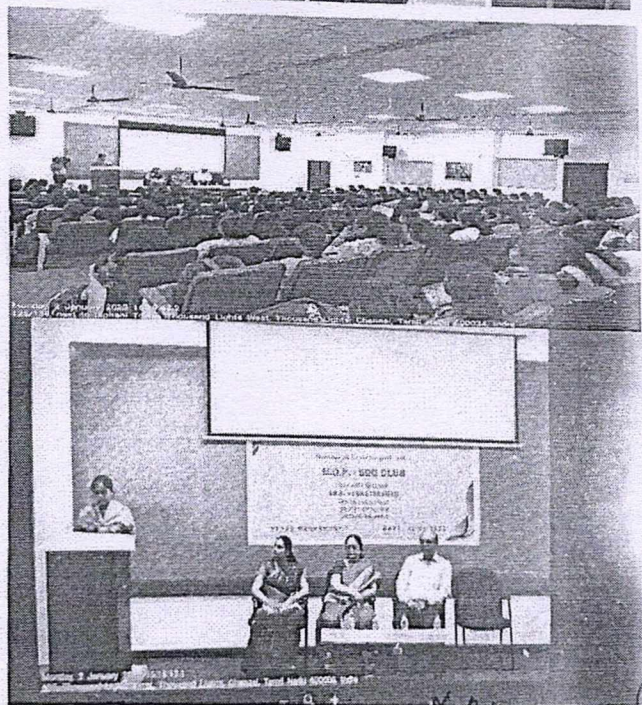
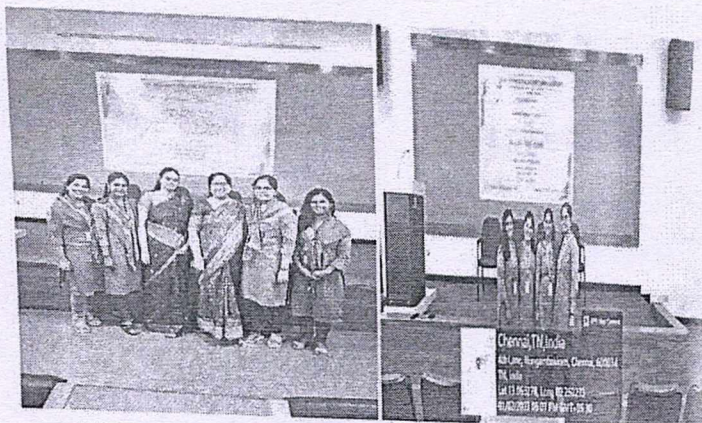
KBC
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



Principal

KBC
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

KBC
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



Краткое содержание статьи

В статье описаны результаты исследования влияния температуры на свойства полимеров. В частности, изучены изменения вязкости и прочности при растяжении в зависимости от температуры. Результаты показывают, что с повышением температуры вязкость полимера уменьшается, а прочность увеличивается. Это связано с изменением молекулярных взаимодействий и структуры полимера. Исследование проводилось на образцах полимера, изготовленных в лабораторных условиях. Результаты имеют практическое значение для выбора материалов и условий их эксплуатации.

2015-11-11 10:10:11
 2015-11-11 10:10:11
 2015-11-11 10:10:11

CHENNAI-600 034

SDG CLUB INAUGURATION – 2nd JANUARY 2023

Attendance of I B.Com Honours

S.NO.	REGISTER NUMBER	STUDENT NAME	ATTENDANCE STATUS
1	2213711043001	AKSHAYA V	P
2	2213711043002	AMRITHA T S	P
3	2213711043003	ANUVARSHINI S R	P
4	2213711043004	AVANTI M	P
5	2213711043005	AVENTHIGAA V S	P
6	2213711043007	DIVYA K	P
7	2213711043008	DIVYA S	P
8	2213711043009	EUNICE BLESSY J G	P
9	2213711043010	GUGA PRIYA M	P
10	2213711043011	HARIPRIYA R	P
11	2213711043012	HARSHINI B	P
12	2213711043013	JANANI G	P
13	2213711043014	KANISHKA P	P
14	2213711043015	KIRTHANAA J	P
15	2213711043016	NAMRATA B DAVEY	P
16	2213711043017	NITHIKA S U	P
17	2213711043018	PRATHIBAA K	P
18	2213711043019	RITHIKA K P	P
19	2213711043020	ROSHINI A	P

K.B. _____
Principal
M.D.P. Vaishnav College for Women

(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COL
(Affiliated to University of Madras)
Chennai

M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

CHENNAI-600 034

SDG CLUB INAUGURATION - 2nd JANUARY 2023

Attendance of II B.Com Honours

S.NO.	REGISTER NUMBER	STUDENT NAME	ATTENDANCE STATUS
1	2113711043001	ADITI ANAND	P
2	2113711043002	ADITI SRINATH	P
3	2113711043003	ANANYAA A G	P
4	2113711043004	ANVITHA SURESH	P
5	2113711043005	ASHNA BAGDI	P
6	2113711043006	BAGHYA SHREE R K	P
7	2113711043007	DEVIPRIYA R	P
8	2113711043008	GAYATHRI SRINIVASAN	P
9	2113711043009	GAYATHRI K	P
10	2113711043010	GOPIKA D	P
11	2113711043011	HARINI P	P
12	2113711043012	HARINI G	P
13	2113711043013	JYOTSNA M	P
14	2113711043014	KAVYA	P
15	2113711043015	KAVYA SUNDAR	P
16	2113711043016	KRITHIKA R	P
17	2113711043017	LAKSHMI R	P
18	2113711043018	LAXMIA R S	P
19	2113711043019	MEERA SAKA U	P
20	2113711043020	NIKHITA SURESH	P
21	2113711043021	NIVEDITHA T D	P
22	2113711043022	PONNITHA I	P
23	2113711043023	POOJA SURESH	P

20	2213711043021	JOIMITHA KUMARAN D	P
21	2213711043022	SAHANA S	P
22	2213711043023	SAHITHY SRINATH	P
23	2213711043024	SATHEE L A R	P
24	2213711043025	SANYUKTHA S	P
25	2213711043026	SANJUNEE THA R V	P
26	2213711043027	SHREYA JANAKIRAMAN	P
27	2213711043028	SRI VARSHA P	P
28	2213711043029	SRIPRATHA V	P
29	2213711043030	SWAROOPA G V	P
30	2213711043031	SWETHA P	P
31	2213711043032	THANUSHEE M	P
32	2213711043033	VANSHINI R	P
33	2213711043034	VANISHA M	P
34	2213711043035	VISHNKA R N	P
35	2213711043036	VYTHIKA S	P
36	2213711043037	SHRUTHI N	P
37	2213711043038	TANUSHREE S	P
38	2213711043039	VENKATA ISWARYA G	P
39	2213711043040	VARSHINI G	P

SIGNATURE OF THE CLUB INCHARGE *K.R.*

SIGNATURE OF THE HEAD OF PROGRAMME *K.P.*

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

24	2113711043025	RANJANI R	P
25	2113711043026	SAHANA S	P
26	2113711043027	SAHANA R	P
27	2113711043028	SAKSHI G	P
28	2113711043029	SHOBHANA R	P
29	2113711043030	SHREYA G S E K A R	P
30	2113711043031	SHREYA V	P
31	2113711043032	SHRIYA RAJESH	P
32	2113711043033	SHRUTHI N	P
33	2113711043034	SRI LAKSHMI S	P
34	2113711043035	SUBBIA A D	P
35	2113711043036	SWATHI	P
36	2113711043037	CHIDAMBARAM	P
37	2113711043038	SWETHA RAJESH	P
38	2113711043039	TANUSHREE S	P
39	2113711043040	VENKATA ISWARYA G	P
40	2113711043041	VARSHINI G	P

SIGNATURE OF THE CLUB INCHARGE *K.R.*

SIGNATURE OF THE HEAD OF PROGRAMME *K.P.*

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

Principal

M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

CHENNAI - 600 034

SDG CLUB INAUGURATION - 2nd JANUARY 2023

Attendance of III B.Com Honours

S.No.	Register Number	Student Name	Attendance Status
1	201711010001	ANURAG A.	P
2	201711010002	ANURAG A.	P
3	201711010003	ANURAG A.	P
4	201711010004	ANURAG A.	P
5	201711010005	ANURAG A.	P
6	201711010006	ANURAG A.	P
7	201711010007	ANURAG A.	P
8	201711010008	ANURAG A.	P
9	201711010009	ANURAG A.	P
10	201711010010	ANURAG A.	P
11	201711010011	ANURAG A.	P
12	201711010012	ANURAG A.	P
13	201711010013	ANURAG A.	P
14	201711010014	ANURAG A.	P
15	201711010015	ANURAG A.	P
16	201711010016	ANURAG A.	P
17	201711010017	ANURAG A.	P
18	201711010018	ANURAG A.	P
19	201711010019	ANURAG A.	P
20	201711010020	ANURAG A.	P
21	201711010021	ANURAG A.	P
22	201711010022	ANURAG A.	P
23	201711010023	ANURAG A.	P
24	201711010024	ANURAG A.	P
25	201711010025	ANURAG A.	P
26	201711010026	ANURAG A.	P
27	201711010027	ANURAG A.	P
28	201711010028	ANURAG A.	P
29	201711010029	ANURAG A.	P
30	201711010030	ANURAG A.	P

31	201711010031	ANURAG A.	P
32	201711010032	ANURAG A.	P
33	201711010033	ANURAG A.	P
34	201711010034	ANURAG A.	P
35	201711010035	ANURAG A.	P
36	201711010036	ANURAG A.	P
37	201711010037	ANURAG A.	P
38	201711010038	ANURAG A.	P
39	201711010039	ANURAG A.	P
40	201711010040	ANURAG A.	P
41	201711010041	ANURAG A.	P
42	201711010042	ANURAG A.	P
43	201711010043	ANURAG A.	P
44	201711010044	ANURAG A.	P
45	201711010045	ANURAG A.	P
46	201711010046	ANURAG A.	P
47	201711010047	ANURAG A.	P
48	201711010048	ANURAG A.	P
49	201711010049	ANURAG A.	P
50	201711010050	ANURAG A.	P

SIGNATURE OF THE CLUB INCHARGE

SIGNATURE OF THE HEAD OF THE PROGRAMME

M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

CHENNAI - 600 034

SDG CLUB INAUGURATION - 2nd JANUARY 2023

Attendance of I B.A. Economics

S.No.	Register No.	Student Name	Attendance Status
1	201711010001	ANURAG A.	P
2	201711010002	ANURAG A.	P
3	201711010003	ANURAG A.	P
4	201711010004	ANURAG A.	P
5	201711010005	ANURAG A.	P
6	201711010006	ANURAG A.	P
7	201711010007	ANURAG A.	P
8	201711010008	ANURAG A.	P
9	201711010009	ANURAG A.	P
10	201711010010	ANURAG A.	P
11	201711010011	ANURAG A.	P
12	201711010012	ANURAG A.	P
13	201711010013	ANURAG A.	P
14	201711010014	ANURAG A.	P
15	201711010015	ANURAG A.	P
16	201711010016	ANURAG A.	P
17	201711010017	ANURAG A.	P
18	201711010018	ANURAG A.	P
19	201711010019	ANURAG A.	P
20	201711010020	ANURAG A.	P
21	201711010021	ANURAG A.	P
22	201711010022	ANURAG A.	P
23	201711010023	ANURAG A.	P
24	201711010024	ANURAG A.	P
25	201711010025	ANURAG A.	P
26	201711010026	ANURAG A.	P
27	201711010027	ANURAG A.	P
28	201711010028	ANURAG A.	P
29	201711010029	ANURAG A.	P
30	201711010030	ANURAG A.	P
31	201711010031	ANURAG A.	P
32	201711010032	ANURAG A.	P
33	201711010033	ANURAG A.	P
34	201711010034	ANURAG A.	P
35	201711010035	ANURAG A.	P
36	201711010036	ANURAG A.	P
37	201711010037	ANURAG A.	P
38	201711010038	ANURAG A.	P
39	201711010039	ANURAG A.	P
40	201711010040	ANURAG A.	P
41	201711010041	ANURAG A.	P
42	201711010042	ANURAG A.	P
43	201711010043	ANURAG A.	P
44	201711010044	ANURAG A.	P
45	201711010045	ANURAG A.	P
46	201711010046	ANURAG A.	P
47	201711010047	ANURAG A.	P
48	201711010048	ANURAG A.	P
49	201711010049	ANURAG A.	P
50	201711010050	ANURAG A.	P

51	201711010051	ANURAG A.	P
52	201711010052	ANURAG A.	P
53	201711010053	ANURAG A.	P
54	201711010054	ANURAG A.	P
55	201711010055	ANURAG A.	P
56	201711010056	ANURAG A.	P
57	201711010057	ANURAG A.	P
58	201711010058	ANURAG A.	P
59	201711010059	ANURAG A.	P
60	201711010060	ANURAG A.	P
61	201711010061	ANURAG A.	P
62	201711010062	ANURAG A.	P
63	201711010063	ANURAG A.	P
64	201711010064	ANURAG A.	P
65	201711010065	ANURAG A.	P
66	201711010066	ANURAG A.	P
67	201711010067	ANURAG A.	P
68	201711010068	ANURAG A.	P
69	201711010069	ANURAG A.	P
70	201711010070	ANURAG A.	P

SIGNATURE OF THE CLUB INCHARGE

SIGNATURE OF THE HEAD OF THE PROGRAMME

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



SNO	MOBILE NUMBER	NAME OF THE DEPARTMENT	ATTENDANCE STATUS
1	211721018001	AKSHAYA KARTHICK K	P
2	211721018002	ARUN K	P
3	211721018003	ANISH A R	P
4	211721018004	AVANTHARA B	P
5	211721018005	ANAND K S	P
6	211721018006	CHANDRA SASEETH M	P
7	211721018007	DEEPAHINI UNNAMAI A/E	P
8	211721018009	PAKSHISHA D	P
9	211721018010	PRITHA H	P
10	211721018011	ALAKA S T	P
11	211721018013	HARISH R	P
12	211721018014	HARSHINI SUBRAMANIAM	P
13	211721018015	ANAND K R	P
14	211721018016	DEEPA K B	P
15	211721018017	K ANO SHWETHA	P
16	211721018018	JASANK K	P
17	211721018019	PRITHA	P
18	211721018020	JOY SHEL R	P
19	211721018021	RUBINI HARIL	P
20	211721018022	MADHURIMA D E	P
21	211721018023	ANAND K R	P
22	211721018024	MUSICAL B	P
23	211721018025	ANAND K R	P
24	211721018026	ANUSHA KUN B	P
25	211721018027	SANGAK B	P
26	211721018028	PRUTHI SUDARMA H	P
27	211721018029	PARVATHI S	P
28	211721018031	POOJA	P
29	211721018032	ANAND K R	P
30	211721018033	PARVATHI SUDH R	P
31	211721018034	PRITHA	P
32	211721018035	ANAND K R	P
33	211721018036	PRITHA SUDIP	P
34	211721018037	KANAKA SUDHA	P
35	211721018038	RASALAKSHMI	P
36	211721018039	ANUSHA S & K	P
37	211721018040	SANJANA SUDH	P

39	211717100442	SANIN SNA S
40	211717100444	TANPATHA NUN SNA S R S
46	211717100445	SANACHA PEDA A
47	211717100447	DAI THA PAKSA S
48	211717100448	SEKALAI S
49	211717100450	GIOLKA LAKSTIN AN
43	211717100450	SHIMPHUTIK R
41	211717100451	SUNDA S
39	211717100452	SKRIRI THIRUPA KARRA
47	211717100453	SEKAI V U
47	211717100454	KAJALAN SNA S R S
46	211717100455	VANATHIRUPA S
45	211717100456	S. BIRALA SREKES
46	211717100457	V. SNA S R
41	211717100458	DAI SATHA S
43	211717100459	S. SNA S R
35	211717100460 S	V. SNA S R S
42	211717100461	DAI SATHA S
41	211717100462	KAJALAN S
66	211717100463	K. SNA S R S
39	211717100464	ANANDAN SNA S R S
42	211717100465	ANANDAN SNA S R S
38	211717100466	ANANDAN SNA S R S
41	211717100467	RAJAN SNA S R S
46	211717100468	ANANDAN SNA S R S

K. P. 1 _____
 Principal
 K. P. 1, National College for Women
 K. P. 1, National College for Women
 K. P. 1, National College for Women
 K. P. 1, National College for Women

S.NO	REGISTER NUMBER	NAME OF THE DEPARTMENT	ATTENDANCE STATUS
1	2013721018061	ABHIRAM YANBI	P
2	2013721018092	AMRITHA SATHI S KUMAR	P
3	2013721018063	ANGELINA ROBIN	P
4	2013721018094	ANAPALA R	P
5	2013721018001	ANURADHA JAYANAGAR	P
6	2013721018006	BAKKANANDALAA SUBBITHI	P
7	2013721018007	BHAVANAR S	P
8	2013721018008	BHAKSHITHA SUBBESITHI	P
9	2013721018009	CHETANA BOOTHA	P
10	2013721018010	DISHA MOHI	P
11	2013721018011	FAHANA SHELMA J	P
12	2013721018014	GEYATHRI R MOHEN	P
13	2013721018015	HANSHIKA R	P
14	2013721018016	HARSHITH G	P
15	2013721018017	HIMANYU JASAN	P
16	2013721018018	HIMANSHU	P
17	2013721018019	SAVITHRI G	P
18	2013721018021	KEERTHANA SUDHAR	P
19	2013721018022	KEERTHIKA V M	P
20	2013721018024	MAASA K	P
21	2013721018025	MOHITHA TAPASWANI	P
22	2013721018026	MOHANA PRIMA S	P
23	2013721018033	NEELU SATHISH	P
24	2013721018029	NEELU SATHI	P
25	2013721018027	POOJA PRASAD	P
26	2013721018039	PADAMATHY R E	P
27	2013721018034	PADMAVATHI PRASADA	P

28	2013721010012	PAVITHRA S	P
29	2013721010024	PRAGNYA V	P
30	2013721010035	PRITYA VARSHNI M	P
31	2013721010036	SAKSHI CHOEDIA	P
32	2013721010037	SAMITHRA P	P
33	2013721010038	SASHASINI N	P
34	2013721010039	SHRAVYA SHUKRAM	P
35	2013721010040	SHRUTHI S	P
36	2013721010041	SITA KUMARI	P
37	2013721010042	SOURADITYA P	P
38	2013721010043	SUPRAVA S	P
39	2013721010044	SURTHIOO A S	P
40	2013721010045	SWARNAKRABHAA I	P
41	2013721010046	SWEETHA M	P
42	2013721010048	VANSHIKA V	P
43	2013721010049	VANISHA N	P
44	2013721010050	VANJA SIDDQA	P
45	2013721010051	VIDHYA VENUGOPALAN	P
46	2013721010052	VINDHINI J	P
47	2013721010053	ARUNAKA S	P
48	2013721010054	ASHRITHA KAO S B	P
49	2013721010055	ARUNHA	P
50	2013721010056	ASWATHA S	P
51	2043721010057	GOUDHANI K V	P
52	2013721010058	SHIRJA GORE	P
53	2013721010059	JAGRITHI B	P
54	2013721010060	DEEPTHA RAJALA J	P
55	2013721010061	DEEPTHA S	P
56	2013721010062	NOVYMA C	P
57	2013721010064	DEEJISA CHOEDIA A	P
58	2013721010065	VASANT P SODGA	P
59	2013721010066	KRISHI CHOEDIA	P
60	2013721010067	AYUSHI JAIN	P
61	2013721010068	VIRBH ALON	P

SIGNATURE OF THE HEAD OF THE PROGRAMME: _____

KBI Principal
MELB. Victoria College for Women
Christchurch
West. Sydney Baptist Union High School
Church of Christ Hall

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

ECOFEST

PROGRAMME OBJECTIVE:

To educate the students about environmental issues, increase their awareness of them, and inspire them to develop original solutions to safeguard the environment.

PROGRAMME BRIEF:

The Ecofest event featured a variety of offline and online events activities, including Essay Writing, Poster Making, Paper Presentation, Shark Tank, Junk Art, Comic Strip and Photography.

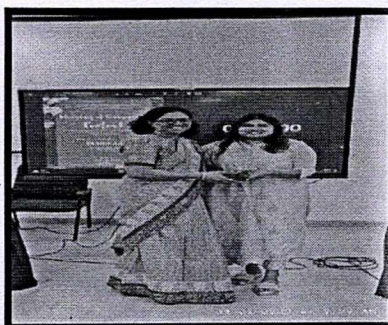
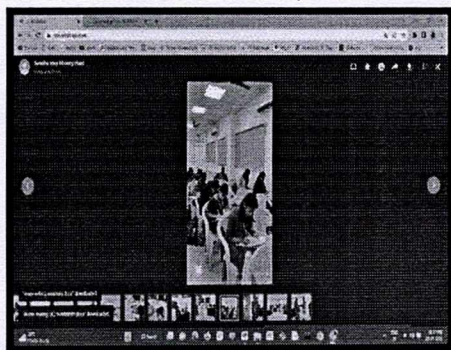
1. Essay Writing:

The essay writing event was headed by the Deputy Minister of the Environment ministry- Vasanthalakshmi. The participants of this event had to write an essay on the sub theme- 'CLIMATE CHANGE: WHEN NATURE IS IN AGONY' and had to bring their own stationeries. The word limit for the essays was 800 words. The participants were given one hour to complete their essay.

Judge Profile:

The jury for this event was Ms. Ekshikaa is a writer, designer and spoken word artist. She is the two time recipient of the National Wingword Noble Prize. She has been featured by popular press for both her architectural work and poetry meandering along the lines of power and activism.

Photographs:



Winner's list:

Position	Winners	Department
1st	Tejaswini	B.com(hons) III
2nd	Ishrath	B.sc Psychology I
3rd	Harshini .G	B.A.Economics III
Special Mention	Tejasvi. M	B.A.Sociology III

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

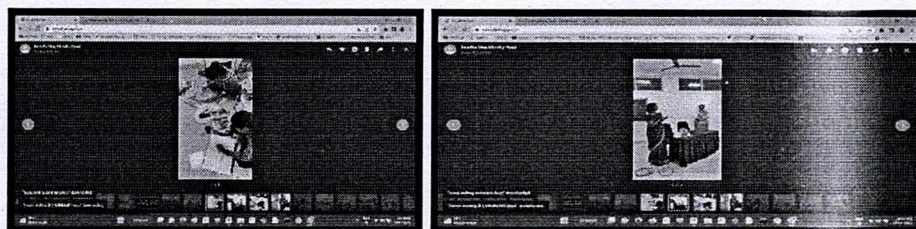
2. Poster Making:

The poster making (intercollegiate and interdepartmental) event was headed by the Deputy Minister of the Environment ministry-Vasanthalakshmi. The participants of this event were required to make a poster on the topic "Chennai in 50 years: Ill Effects of Climate Change. It was an individual event and two participants from each college were allowed to participate. The participants had to make a poster within an hour which adheres to the topic and they had to bring their own materials.

Judge Profile:

The jury for this event was Mrs.Kalpana Yuvaraj. She is an Artist and an Entrepreneur, US State Alumni, and a Post Graduate from Madurai Kamaraj University. She conducts regular art classes, workshops, seminars and Artist residency programs. She was felicitated by Ms.Shankari mam, faculty in the sociology department of the college with a momento. The work of the students was evaluated on the basis of relevance to the topic, creativity and neatness.

Photographs:



Winner's List:

Position	Winners	Department
1 st	Vasshita Desai	BBA Shift 2
2 nd	Samyuktha	B com A and F Shift 1
3 rd	Haritha Devi	BCA

3. Paper Presentation:

The Ecofect- Paper Presentation event was commenced by the minister of Environment ministry- Saradha Sruthi.

The students from various colleges, talked about the causes of ineffective waste management as well as the various remedies and actions that they may take to safeguard the environment.

Students from various departments began to compete energetically and present their distinctive and original solutions/methods for managing and reducing the waste generated and for protecting the environment. The most fascinating among them were the different substitutes suggested for plastic and other non-biodegradable materials, some of which include: empty

K/S
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

fruit bunch, Green ppe kits, etc.

Judge Profile:

Dr. Ravindranath was the judge, a civil engineer by profession and ardent environmentalist. A prominent personality in the civil and public health engineering fields, he has a lifetime member of various honourable associations such as the institute of public health engineers and Indian association for environmental management. He also holds specialised interest and expertise in areas of waste management and sustainable/geo environmental engineering

Winner's List:

Position	Winners	Department
1st	1.Shriya Rajesh 2. Aditi Srinath	B.Com Honours
2nd	1.Disha Bisani 2.Priyanka G	B.Com A&F Shift 1
3rd	1.Divya Padmanathan 2.Jwala P	B.Sc Mathematics

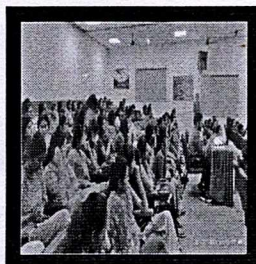
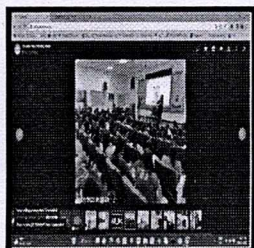
4. Shark Tank:

The event was compered by Yogavigneshwari, Member of Parliament, who welcomed the judge, the participants and the audience. Mr. Rohith Raghunathan was our judge for the day. There were a total of 10 business pitches, out of which three were awarded prizes. The judge divided the audience into four groups and there was an audience Q&A session after each business pitch. Each team was given 5 minutes to propose their ideas, which was followed by a Q&A session.

Judge Profile:

The Judge for this event is Mr. Rohit Ragunathan. He is a B.com Graduate and is pursuing his Ca Final and Articleship Under Ca M Ravi. He has bagged 2nd Place in "Management Communication Skills" conducted by the Institute of Chartered Accountants. Further, Mr. Rohit Ragunathan has conducted Dengue Awareness Campaigns all over Chennai and has also created a Hashtag Challenge called "Feed Food Challenge" with a motive to eradicate hunger. Adding more gems to his crown Mr. Rohit Raghunathan has won Prizes at various cultural competitions like Adzap, Channel Surfing, Dance, Stress Interview and Business Plan and has also judged various cultural events conducted across many colleges including M.O.P Vaishnav, Ethiraj, WCC, SRM, SDNB Vaishnav, DG Vaishnav and many other colleges in Chennai.

Photographs:



KBC

Principal

**M.O.P. Vaishnav College for Women
(Autonomous)**

**No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034**



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Winner's list:

Position	Winners	Department
1 st	1.SriGowri.P 2.Diya Sethia	B.Com Corporate Secretaryship I
2 nd	1.Shravana Srikrithi 2.Sowmithaa Shri S	B.Sc Psychology II
3 rd	1.Suchita. R 2.Rohita. Y	B.Com Marketing Management III

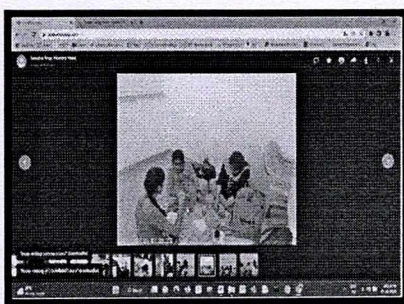
5. Junk Art:

The junk art event was headed by the Deputy Minister of the Environment ministry- Vasanthalakshmi. The participants of this event were required to make an art using waste materials like plastic bottles, bottle caps, tin cans, old newspapers etc. It was a group event. Each team consisted of 3 members. Each team had to bring their own waste materials to make the art.

Judge Profile:

The jury for this event was Prof. Dhinakara Sundhar. He is a visual arts professor at Kalakshetra Foundation. He has been in the field of art for more than 3 decades. He gets his inspiration for art from nature and is also an nature enthusiast. He was felicitated by a faculty from the math department. The work of the students was evaluated on the basis of relevance to the topic, creativity and neatness.

Photograph:



Winner's List:

Position	Winners	Department
1 st	1.Nithya Narmada 2. Deepthi B S 3. Nithyasree N	B.Com A&F Shift 1
2 nd	1.Shalini E 2.Yamini R 3.Vishaka Shree	B.A Sociology

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
 No. 20, IV Lane, Nungambakkam High Road
 Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

3 rd	1.B Nithyalakshmi 2.Sanjana Warriar 3.Aishwarya S	B.Sc Viscom
-----------------	---	-------------

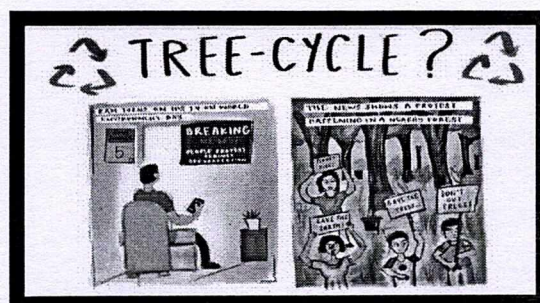
Comic Strip

The comic strip event was an inter-departmental online event conducted by Ministry of Environment. The participants were requested to create comic strips based on the sub-theme given-“deforestation”. Both handmade and e-comic strips were accepted. The participants were judged based on their content delivery, creativity and critical thinking.

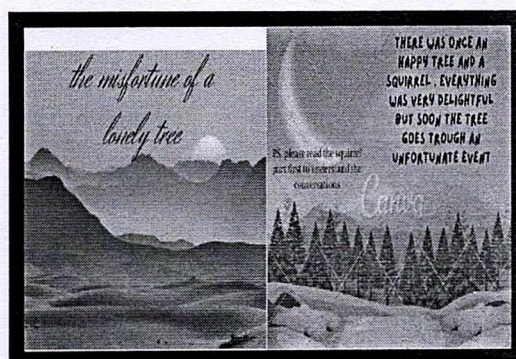
Judge Profile:

The jury for this event was Prof. Dhinakara Sundhar. He is a visual arts professor at Kalakshetra Foundation. He has been in the field of art for more than 3 decades. He gets his inspiration for art from nature and is also a nature enthusiast. He was felicitated by a faculty from the math department.

1st prize: Aditi Sriram – B.com Marketing Management



2nd Prize: Aalazaheen- Food Science Management



3rd Prize: Ashika R- B.sc Electronic Media

K/31
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)



Winner's List:

Position	Winners	Department
1st	Aditi Sriram	B.Com Marketing Management (I)
2nd	Aalazaheen	Food Science and Management (I)
3rd	Ashika R	B.sc electronic Media (II)

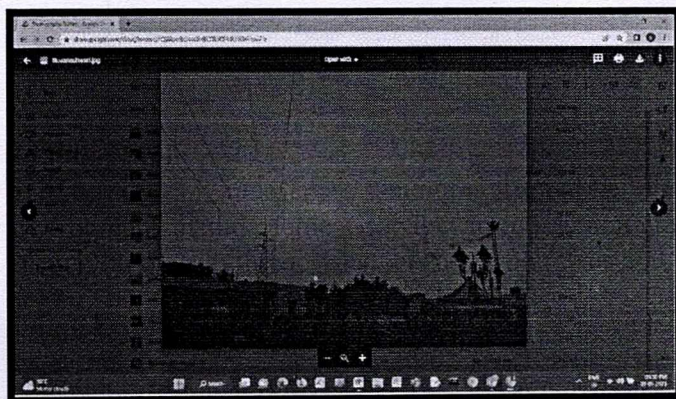
7. Photography:

Ecofest was an interdepartmental intellectual extravaganza organized by the ministry of environment in the theme Global warming. Photography was an online, submission-based event with the sub theme – Effects of carbon emission.

Judge Profile:

The judge of the event was Mr. Joshua.V. He has a bachelor's degree in visual arts & Photography. He is currently designated as an associate producer, Star Sports Tamil and Disney+ hotstar. He has also worked with Aravind SA, Alexander Babu and Mottamadi Music.

1st Prize: Bhuvaneshwari.D - B.sc. Data Science



KBC

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

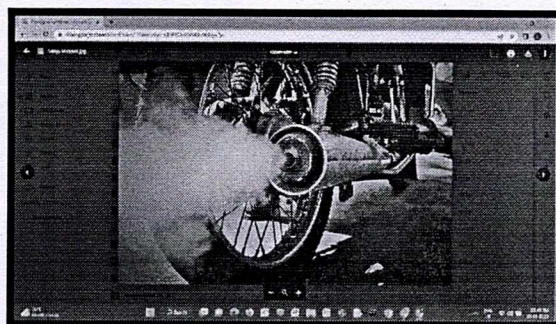


M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

2nd Prize: Sanju Vikasini F- B.A .Sociology



3rd Prize: Safrin himaya. S- B.Com(Finance and Taxation)



Winner's List:

Position	Winners	Department
1 st Prize	Bhuvaneshwari.D	B.sc. Data Science
2 nd Prize	Sanju Vikasini F	B.A .Sociology
3 rd Prize	Safrin himaya. S	B.Com(Finance and Taxation)

PROGRAMME OUTCOMES:

The students were encouraged and motivated to come up with innovative ideas and solutions in order to conserve the environment and spread awareness of the damaging impacts that humans have on the ecosystem.

PROGRAMME OBJECTIVE:

To educate the students about environmental issues, increase their awareness of them, and inspire them to develop original solutions to safeguard the environment.

PROGRAMME BRIEF:

The Ecofest event featured 2 major activities - poster making and paper presentation.

K/31
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Poster Making:

The poster making (intercollegiate and interdepartmental) event was headed by the Deputy Minister of the Environment ministry-Vasanthalakshmi. The participants of this event were required to make a poster on the topic "Chennai in 50 years: Ill Effects of Climate Change. It was an individual event and two participants from each college were allowed to participate. The participants had to make a poster within an hour which adheres to the topic and they had to bring their own materials.

Judge Profile:

The jury for this event was Mrs.Kalpna Yuvaraj. She is an Artist and an Entrepreneur, US State Alumni, and a Post Graduate from Madurai Kamaraj University. She conducts regular art classes, workshops, seminars and Artist residency programs. She was felicitated by Ms.Shankari mam, faculty in the sociology department of the college with a momento. The work of the students was evaluated on the basis of relevance to the topic, creativity and neatness.

Winner's List:

POSITION	NAME	COLLEGE
I	Pooja	Anna Adarsh
II	Faiza Afsa	Stella Maris
III	R Nandhini	Sri Kanyaka Parameshwari

Paper Presentation:

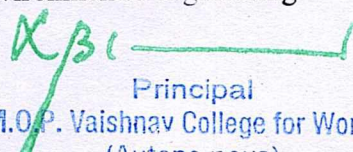
The Ecofect- Paper Presentation event was commenced by the minister of Environment ministry- Saradha Sruthi.

The students from various colleges, talked about the causes of ineffective waste management as well as the various remedies and actions that they may take to safeguard the environment.

Students from various departments began to compete energetically and present their distinctive and original solutions/methods for managing and reducing the waste generated and for protecting the environment. The most fascinating among them were the different substitutes suggested for plastic and other non-biodegradable materials, some of which include: empty fruit bunch, Green ppe kits, etc.

Judge Profile:

Dr. Ravindranath was the judge, a civil engineer by profession and ardent environmentalist. A prominent personality in the civil and public health engineering fields, he has a lifetime member of various honourable associations such as the institute of public health engineers and Indian association for environmental management. He also holds specialised interest and expertise in areas of waste management and sustainable/geo environmental engineering


Principal

M.O.P. Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Winner's List:

Position	Winners	College	Department
1st	Vasundhara U R A Sree Dharshini	Queen Mary's College	B.Sc Mathematics
2nd	Fatema Quilonwala Umme Salmah S M	Justice Basheer Ahmed Sayeed	B.Sc Psychology
3rd	Suseela Devi I Jilli Annamaria Britto	Stella Maris College for Women	B.Com

Photographs:



K.B.C.

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

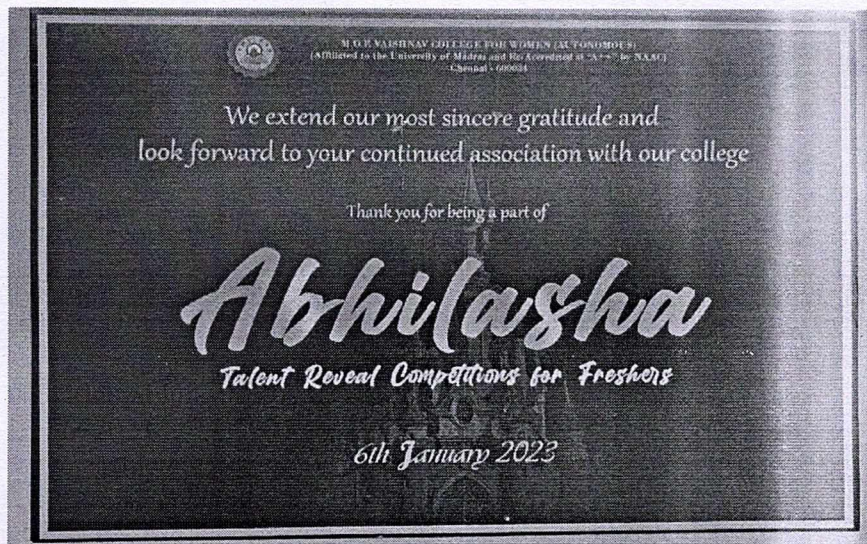
ABHILASHA

Programme Title: Abhilasha 2023

Date: January 6, 2023

Level: Inter-Departmental

Venue: M.O.P. Vaishnav College for Women



Program Report: The objective of this programme was to provide a platform for the first year students to showcase their talents through a variety of events. It was an enjoyable experience for the participants who not only had fun but also learned a lot of things along the way, not just about the specific events they participated in but also about teamwork and supporting each other.

M.O.P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)				
ABHILASHA 2023 (06.01.2023)				
JUDGING CRITERIA				
TEAM NO.	NAME	ROUND 1	ROUND 2	ROUND 3
1	EVANTO	2	5	✓ 3
2	TARJAN	3	7	✓ 2
3	SPIN WHITE	3	7	✓ 3
4	WEBGLUES	0	0	0
5	MOANA	0	0	0
6	MILAN	8	10	✓ 4
7	PETER PAN	0	0	0
8	COCO	2	10	✓ 3
9	STABLE BARK	1	7	✓ 2
10	TANGLED	2	5	✓ 4
11	FOY BODDY	0	0	0
12	MURPHY MURPHY	0	0	0
13	SHREYAS V.P.	5	7	✓ 3

Signature of the Judge

Signature of the Faculty Advisor

KBC

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

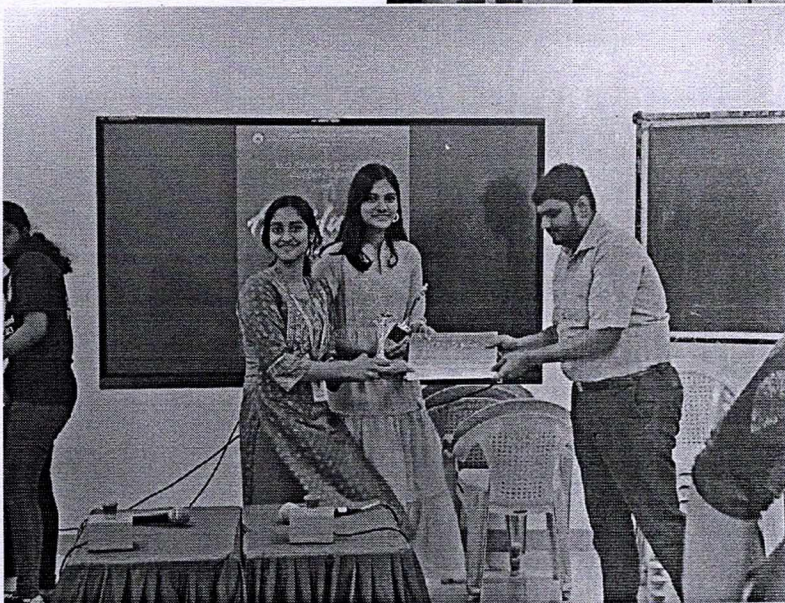
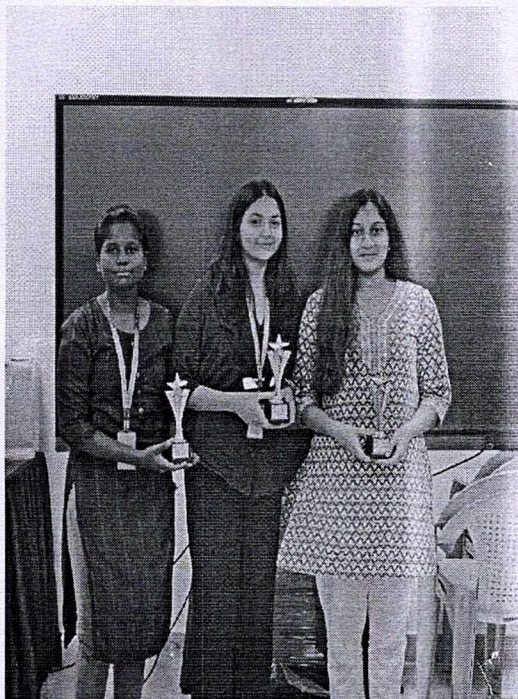


M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Photographs:



K/31

Principal

**M.O.P. Vaishnav College for Women
(Autonomous)**

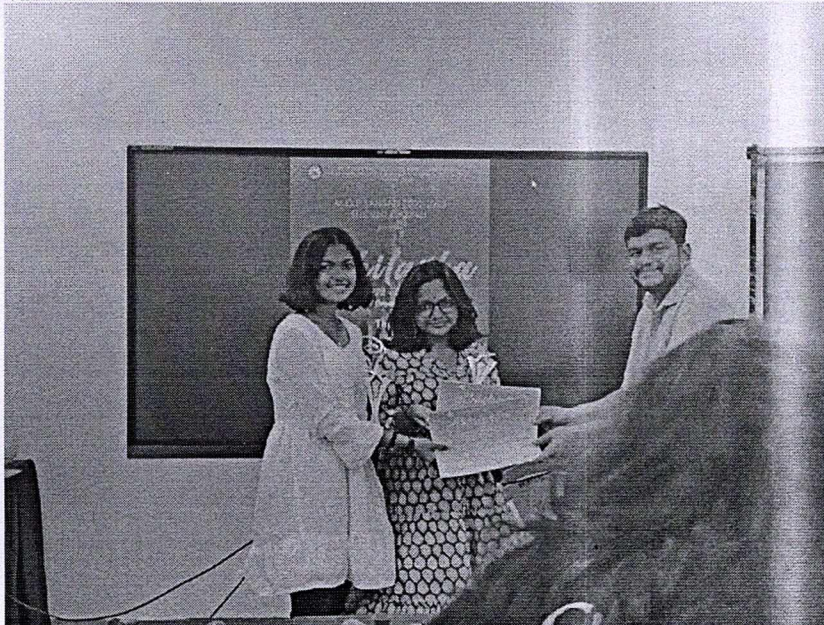
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)



KBC _____
Principal

**M.O.P. Vaishnav College for Women
(Autonomous)**

**No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034**



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

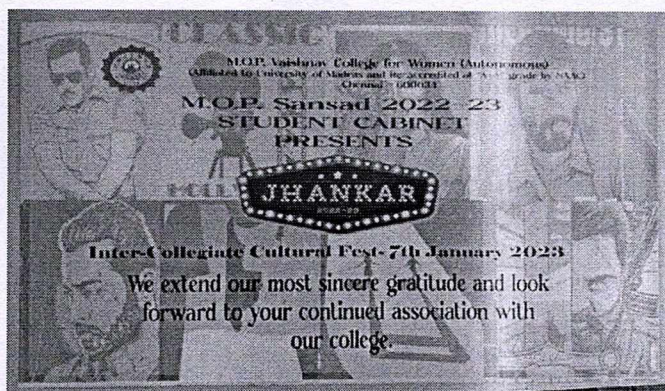
Jhankar 2023

Programme Title: Jhankar 2023

Date: January 7th & 8th, 2023

Level: Inter-Collegiate & Inter-Departmental

Venue: M.O.P. Vaishnav College for Women



Programme Report:

The program objective was to host an inter-collegiate cultural event for students from various colleges and an inter-departmental cultural event for the students of M.O.P Vaishnav College for Women. The participants had an enriching experience as they showcased their various talents and learned from the judges as well as from each other.

Sl. No.	NAME	DEPARTMENT	SIGNATURE
1	Adarshika S.	English	
2	Adarshika S.	English	
3	Adarshika S.	English	
4	Adarshika S.	English	
5	Adarshika S.	English	
6	Adarshika S.	English	
7	Adarshika S.	English	
8	Adarshika S.	English	
9	Adarshika S.	English	
10	Adarshika S.	English	
11	Adarshika S.	English	
12	Adarshika S.	English	
13	Adarshika S.	English	
14	Adarshika S.	English	
15	Adarshika S.	English	
16	Adarshika S.	English	
17	Adarshika S.	English	
18	Adarshika S.	English	

KBC

Principal

M.O.P. Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

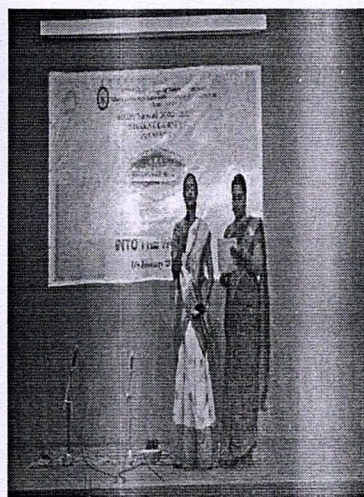
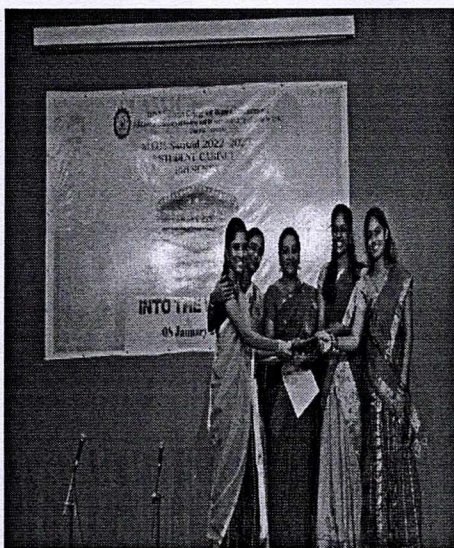


M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Photographs:



K. B. C.
Principal

**M. O. P. Vaishnav College for Women
(Autonomous)**

**No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034**



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Ministry of Entrepreneurship

IGNITE - 202

350 delegates, 30 awardees, 25 colleges, 8 speakers, 7 sessions and 2 days. **IGNITE 2023 - Two- day National level Biennial Entrepreneurship Summit & SWABHIMAAN AWARDS FOR 30 UNDER 30 - Celebrating 'Under 30' Startup Entrepreneurs in 30 years of M.O.P** was hosted by M.O.P. Vaishnav College for Women (Autonomous), Chennai on 10th and 11th January 2023. It aimed at inculcating passion for entrepreneurship among avid youngsters and to create a forum for exchange of ideas and insights, transforming the student delegates into budding entrepreneurs ready to put their hand out any time.

SUMMIT AGENDA

Session	Session Details	Speaker Name
Day 1 10.01.2023	Inauguration & Award Ceremony	Mr. Sriram V
		Entrepreneur & Writer
Session 1	My Entrepreneurial Journey – Path less travelled	Ms. Mala Manyan
		COO, iGene DI & VFX Studio
		Producer & Entrepreneur
Session 2	3 Secrets to stay Relevant and Extraordinary in Business	Ms. Harini Ramachandran
		Co- Creator of Excellence Installation Technology and Co- Founder of Antano & Harini Legacy Accelerators
Session 3	Creating an Entrepreneurship Ecosystem	Prof. Ashwin Mahalingam
		Faculty, Department of Civil Engineering IIT Madras
Session 4	Carving a Niche in the Entrepreneurial World	Ms. Mathangi Kumar
		Chef & Food Consultant
Session 5	Design thinking, Creativity and Innovation for Sustainable Entrepreneurship	Ms. Aishwarya Manivannan
		Entrepreneur, Design Educator & International Silambam Champion
Day 2	Business Proposal Competition	Mr. Satish Rajendran

Principal

M.O.P. Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

11.01.2023		CEO, Wonkrew
		Mr. Shyam Sekar S
		Founder & Chief Mentor, Startup Xperts, Creator- Voxit Media Tech
Session 2	Fireside Chat with Swabhimaan Awardees	Discussion lead Dr. Lalitha Balakrishnan

Principal, M.O.P. Vaishnav College for Women Member, General Council,
NAAC Member, Planning Board, Tiruvalluvar University

Swabhimaan Awardees for 30 UNDER 30

Awards were conferred upon the 30 Alimnae who have successfully launched their business before they turn 30. Nominations were received from 100 entrepreneurs. 30 entrepreneurs have been selected and awarded after due scrutinising.

S. N o	NAME	BUSINESSS NAME	PROGRAM ME	BATC H
1	Zeal bhansali	Pravina's Makeover	B.COM (Company Secretaryship)	2016-19
2	Vyshali S	Vyshali Sundaram- Make up & Hairdo	B.C.A.	2011-14
3	Abinaya	Yauvanam	B.Com (Accounting and Finance)	2016-19
4	Sai Sanjana Edara	Brand Social Sanjana	B.A (Economics)	2019-22
5	Jhankar Khemka Chaudhary	Kuku PR Sole proprietorship to current in the process registering as Ibechs Pvt Limited	B.Com(Accounts and Finance) M.A (Media Management)	2005-08 & 2008-10
6	Kavya Nivedhitha	Danca with Kavya Bhaskar	B.Com (Honours) M.B.A	2012-15 & 2015-17

K/31
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

**M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)****Chennai - 600 034, India.***(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)*

7	sharanya subramanian	Casting director	B.Sc (Viscom)	2007-10
8	Rushali Jhaver	The wedding Mantle	B.com(Marketing Management)	2015-18
9	Niveatha V	Chennai Surprise LLP	B.C.A	2016-19
10	Vandini Ravindran	Janvi adornments	B.Sc (Information Systems Management)	2004-07
11	Saranya S	Sara Artisanat	B.Com	2009-12
12	Sneha Daga	TinselTrims	B.B.A.	2012-15
13	Aditi Maithreya	The Pheonix Company	B.Sc (Viscom)	2011-14
14	Preethi Raj	riya by Preethi Raj	B.Sc (Information Systems Management)	2005-08
15	Swetha B	Fitness Coach	B.B.A.	2019-22
16	Vasanthi R	The Patisserie Lady	M.Sc (Food Technology)	2016-18
17	R Akshitha shivani	The Homebaked Company	B.Com	2017-20
18	Shruti Gupta	The Baking Culture	B.Sc (Information Systems Management)	2010-13
19	Ubaidha Ayueb	The Mousse Studio	B.A(Sociology)	2013-16
20	Payal Siddharth	Blind Chemistry	B.C.A, M.SC (Information Technology)	2010-13 & 2013-15
21	Priyanka B Katkoria	Blush by Pryanca	B.Com (Marketing Management)	2016-19
22	Ankitha Prakash	Abinta	B.Sc (Information System Management), M.B.A	2007-10 & 2010-12

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

**M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)****Chennai - 600 034, India.***(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)*

23	Saagarika Sivakumar	Zengrub Private Limited	B.B.A	2018-21
24	Bhumika D Bhandari	The_Artistree_Freelance	B.Sc (Sociology)	2018-21
25	Shalini Pasumaikumar	Mindset & Transformation Coach	B.A. (Journalism)	2017-20
26	R J Nishita	Photography	B.Sc (Viscom)	2017-20
27	Pavithira S	The Prop store	B.Sc (Viscom), M.A. (Mass Communication)	2018-21 & 2021-23
28	Megha	Mehga Parekh- Tarot reader& Certified life coach	B.Sc (Sociology)	2015-18
29	Shobana Raghavan	Sambhav Raga Private Limited	B.Com	1996-99
30	Nirali Shah	Ehsaas	B.Com (Accounting & Finance)	2018-21

B – PROPOSAL COMPETITION

As a part of the summit, a B - Proposal Competition was organised on day 2. More than 25 business proposals were received from 7 colleges. 12 business proposals were shortlisted for the final presentation. The winners of the competition were

S. No.	Name of the Team	College Name	Prize
1	Ms. Rohitha Y Ms. Akshaya MSR	M.O.P. Vaishnav College for Women	Ist Prize
2	Ms. Srividhya S	SDNB Vaishnav College for Women	IInd Prize
3	Mr. Vijay Ram Omprakash	Loyola College	IIIRD Prize

K.B.
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

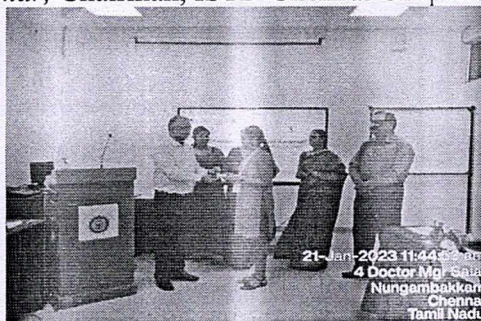
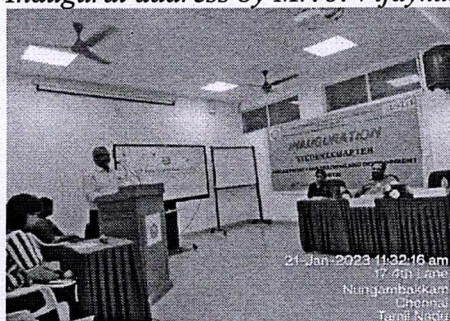
**INAUGURATION OF THE INDIAN SOCIETY FOR TRAINING AND
DEVELOPMENT (ISTD)**

Date	Topic	Name of the agency and resource persons	Students participated
21 st January 2023	Inauguration of ISTD	Indian Society for Training and Development. Mr. J. Vijay Kumar, Dr. M.G. Bhaskar	Department of M.Com, Department of M.A HRM

ISTD was inaugurated to provide unique opportunities for networking and a gateway to forums, workshops, panel discussions, guest lectures, and symposia to address the growing need for cultivating leadership skills.

Event Brief

- The MoU signed between ISTD and M.O.P.Vaishnav College for Women was formally exchanged between Dr.Lalitha Balakrishnan, Principal, M.O.P.Vaishnav College for Women and Mr. J. Vijay Kumar, Chairman, ISTD Chennai Chapter.
- The office bearers were installed by Mr. J. Vijay Kumar.
 - The special address was given by Dr. M. G. Bhaskar, National Council member and student chapter subcommittee chairperson, ISTD Chennai.
- The event was also attended by Mr. T. C. Sivasankaran, Director, ISTD Chennai chapter.
- *Inaugural address by Mr. J. Vijaykumar, Chairman, ISTD Chennai Chapter.*



Formal Exchange of MOU's

K.P.C.
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

M.O.P. BAZAAR

The Ministry of Entrepreneurship, M.O.P. Sansad and Entrepreneurship Development Cell of M.O.P. Vaishnav College (Autonomous) aims at nurturing the spirit of entrepreneurship amongst students by giving them a platform to experience entrepreneurship through hands-on learning. One of the prime events is the highly acclaimed M.O.P. Bazaar. It is an annual event that garners the attention of the media and public in the city of Chennai. This year, for the Silver Jubilee Edition, M.O.P. Bazaar was held on the 28th and 29th of January, 2023 and was inaugurated by Mr. Eqbal Manoj, Senior Vice President & Zonal Head, Federal Bank. Mr. Rakesh Raghunathan, Chef and Food Historian was the Guest of Honor who selected the Best Food Stall.

75 stalls were put up by 168 students, 32 alumnae and 33 mompreneurs into 4 lanes.

- Fashion Alley – Fashion and Accessories
- Trinket Alley – Gifts and Artefacts
- Gourmet Alley – Food and Beverages
- M.O.P. Arcade – Games and Entertainment

The Bazaar included 3 stalls were put up by the beneficiaries of M.O.P.Cares – the outreach programme of the college.


- Born to Win – stall by the NGO selling Cloth Bags.
- Happy Children - stall by the NGO selling Doormats and Arica Biodegradable Plates.
- Thozil Selyalam Thozhi – Women of Thiruverkadu village set up a Tea Stall and Snacks.

The event had a footfall of 8,775 visitors. Several celebrities also visited the Bazaar and judged the stalls under various categories.

- Mr. Arun & Mr. Aravind - Founders - Twin Hearts Entertainment, Casting Directors & Reality show organisers
- Mr. Idris - Content Creator
- Mr. Ganesh Ram - Peppa Foodie, Content Creator
- Mr. Jayaseelan S - Magician
- Mr. FJ - Actor, Rapper, Beat boxer, Founder - Roatula Beatu
- Mr. Vignesh Antony - Standup Comedian, Mimicry artist
- Mr. Risha Rajas - Standup comedian
- Devrishi - Music Band

Prizes were given out under the following categories:

S. No.	Categories	Stallholders
1	Best Stall Name	Born to Win – M.O.P. Beneficiary
2	Best Retail Display	Bhavisha Punjabi Hari Priya Karishma


Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

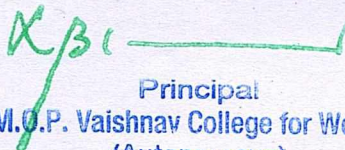
**M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)****Chennai - 600 034, India.***(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)*

3	Most Innovative Product	Nikila Sansitha Rithu S Jayalakshmi
4	Most Eco-friendly stall	Krishitha Khushi Chahath Sanya Divyaa
5	Most Innovative packaging	Nikila
		Sansitha Rithu S Jayalakshmi
6	Best dressed stall owners	Siddhi Saritha
7	People's Choice	Soundarya Balaji Varshinie Menon Lekshmi Priya Akhila Bharat
8	Crowd magnet award	Vedikaa K K Adarshene A D K. Vaishnavi Sravya R
9	Best food stall	Disha N Hiyaa V Bomb Harshita Jain Saloni Jain Shreya Jain

New awards were introduced to commemorate the Silver Jubilee year of the Bazaar: ●Silver Ninja – Stallholders submitting first 25 bills, first 50 bills, etc., to first 125 bills. ●Walk the Talk - Gform containing 10 questions pertaining to entrepreneurs was sent and the best answer for each question was awarded.

The following renowned celebrities had sent their wishes through video bytes on social media to the aspiring entrepreneurs and the college, for the M.O.P. Bazaar.

1. Ms. Preethy - Radio Jockey, Radio Mirchi
2. Mrs. Poornima Bhagyaraj - Actress
3. Mr. Arun & Mr. Aravind - Founders - Twin Hearts Entertainment, Casting Directors & Reality show organisers
4. Mr. Idris - Content Creator
5. Mr. Ganesh Ram - Peppa Foodie, Content Creator
6. Mr. Ra Karthik - Movie Director


Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

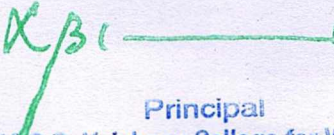
Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

7. Ms. Anu Anand - Super Singer
8. Mr. Sam Vishal - Super Singer
9. Mr. Bharat - Super Singer

The total turnover of the stalls Bazaar was Rs. 20,97,688 and the combined profit was Rs. 5,33,903.

M.O.P. Bazaar 2023, silver jubilee edition proved to be a successful event by developing the entrepreneurial skills in these young women, helping and promoting their business ventures in the college campus.


Principal

M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

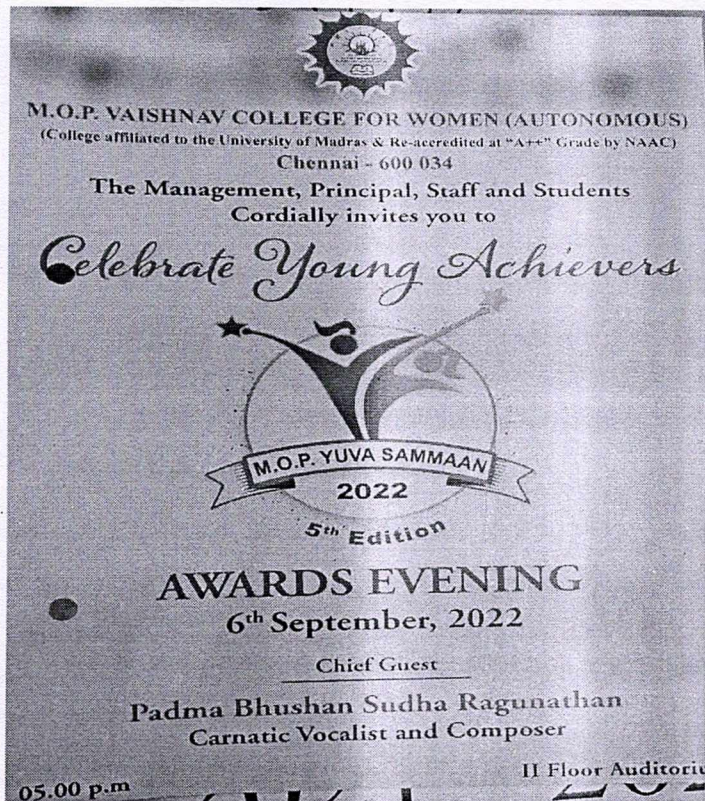


M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

MOP YUVA SAMMAAN AWARD 2021-22

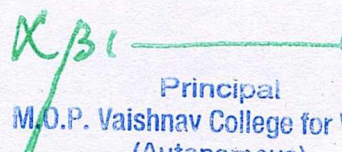


M.O.P. Vaishnav College for Women in its Silver Jubilee year has instituted the MOP Yuva Sammaan Award, in support of its mission PENN KALVI.

OBJECTIVES OF THE AWARD

- To motivate young women (aged between 20-35 years) to achieve excellence in the field of Sports, Performing arts and Entrepreneurship
- To encourage young women to develop a sense of responsibility to the community and thus to improve their own personal potential as good citizens.
- To give recognition to the outstanding work done.

Three young women achievers were presented with the M.O.P. Yuva Sammaan Awards in its fifth edition at a glittering ceremony on Sept. 6, 2022 at M.O.P. Vaishnav College for Women. Entrepreneur Barkha Malpani, founder of the start-up Thank God it is Homemade, and previously the founder of branding company Brand Bridge; Classical dancer Kalaimamani T.M. Sridevi; and international volleyball player Minimol Abraham each received a citation and Rs. 1 lakh in order to encourage them to pursue their journey of excellence.


Principal

M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

Chennai - 600 034, India.

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

The young women received the award from the chief guest, classical musician Padma Bhushan Ms. Sudha Raghunathan.

M.O.P. Vaishnav College for Women instituted the M.O.P. Yuva Sammaan Award in its silver jubilee year in 2017-18. Every year hence, the college has chosen three women awardees to confer with the award, in keeping with its goal of supporting and empowering young women to fulfil their potential.

The three awardees, in the categories performing arts, sports and entrepreneurship, were chosen through a rigorous selection process. The final awardees were selected after extensive deliberations by a distinguished jury.



K. B. C.
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

COLLEGE DAY – 2022 – 23



M.O.P. VAISHNAV COLLEGE FOR WOMEN (Autonomous)

(Affiliated to the University of Madras & Re-accredited at 'A++' Grade by NAAC)
Chennai – 600 034

*The Management, Principal, Staff and Students
cordially invite you to the*

31st College Day Celebrations

on Wednesday, 22nd March 2023 at 5.30 p.m.

Prof. V. KAMAKOTI

Director
IIT Madras

will deliver the College Day Address & distribute the Prizes

Shri. MANOJ KUMAR SONTALIA

Secretary, M.O.P. Vaishnav College for Women
will preside

Venue : Open Air Theatre

M.O.P. Vaishnav College for Women, Chennai.

PROGRAMME

- + M.O.P. Anthem
- + Cultural Programme
- + Principal's Report
- + Welcome Address
- + Release of Department Journals
- + College Day Address
- + Prize Distribution
- + Vote of Thanks
- + National Anthem

*Invitees are requested to be in their seats by 5.20 p.m. and
remain till the end of the programme.*

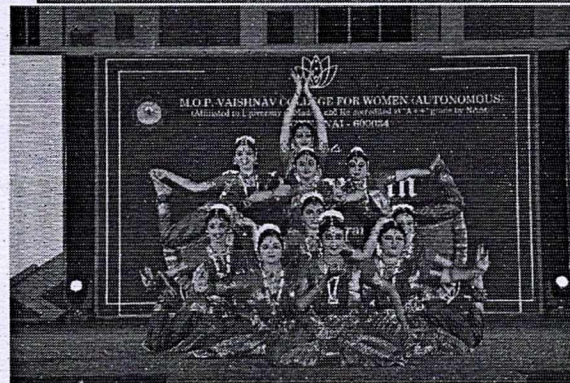
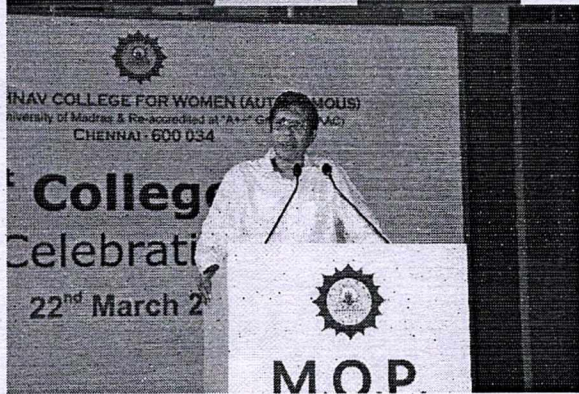
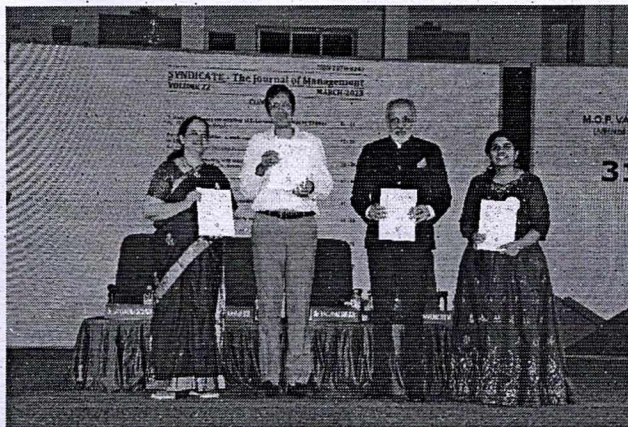
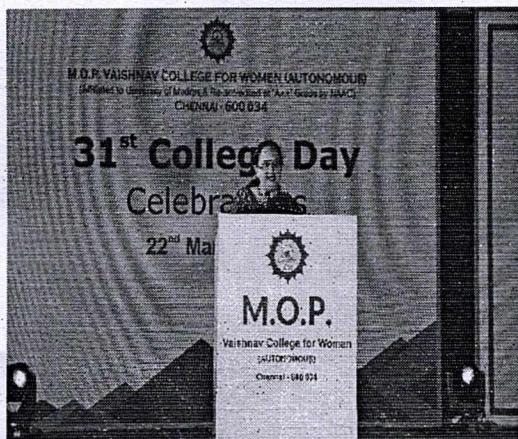
A celebratory spirit marked the 31st College Day of M.O.P. Vaishnav College was held on March 22, 2023. The event's chief guest, Professor V. Kamakoti, Director, IIT Madras, addressed the gathering with his inspiring talk.

The event was attended by the Secretary of the Board of Governors of the college, Shri Manoj Kumar Sonthalia, who delivered the welcome address, and the principal of the college, Dr. Lalitha Balakrishnan, who briefed the audience on the activities and achievements of the college in the course of the academic year.

Around 80 students from various departments and the Student Cabinet received awards for excellence in academics, co-curricular activities, sports, cultural performances, and other endeavours. Rahini S - III B.Com. Honours received the best student award for the year

KBC
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

2022-23. The members of the student cabinet were recognised for their efforts. Around 60 staff members were also given awards of recognition for their contribution to the institution.



KBC

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034



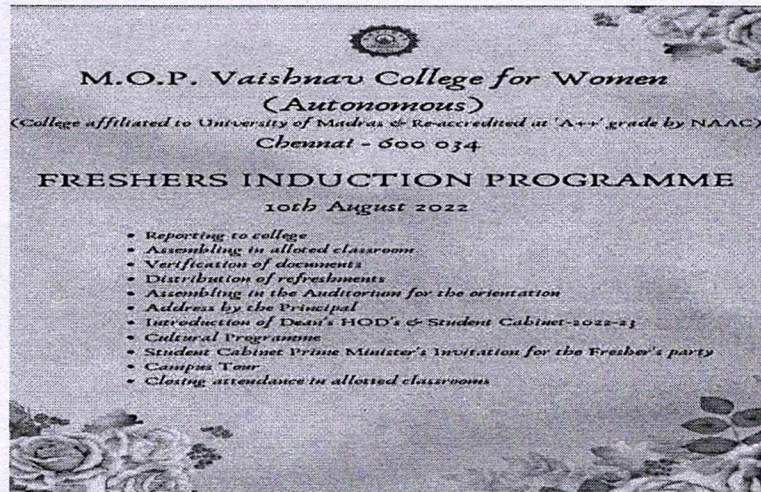
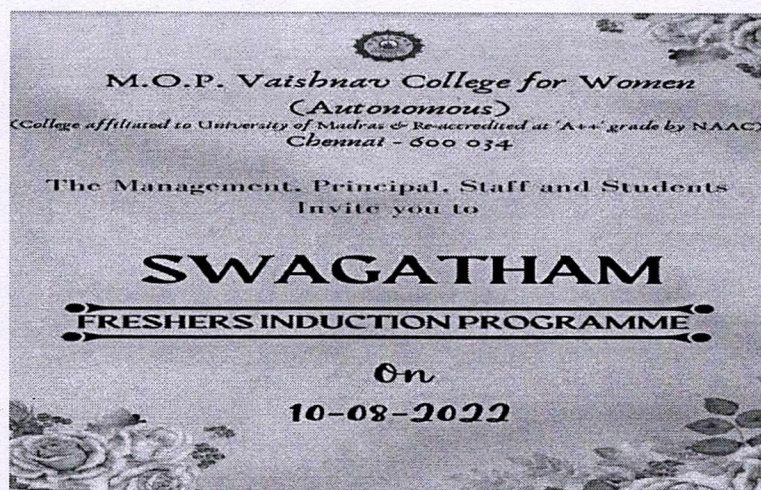
M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

MINISTRY OF YOUTH AFFAIRS- FRESHERS INDUCTION PROGRAMME

DATE : 10th August 2022 TIME : 8:30 am - 4:30 pm, VENUE: Auditorium



DATE	TIME	PROGRAMME TITLE	NO. OF PARTICIPANTS
10-08-2022	8:30am - 12:00 pm (BATCH I)	FRESHERS INDUCTION PROGRAMME	430
10-08-2022	10:00am - 130 pm (BATCH II)	FRESHERS INDUCTION PROGRAMME	410
10-08-2022	1:00 pm - 4:30 pm (BATCH III)	FRESHERS INDUCTION PROGRAMME	390

K.P. Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

SIGNATURE OF THE PRINCIPAL



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

ABOUT THE PROGRAM:

The Freshers Induction Programme titled "Swagatham" was conducted to welcome the new batch of Undergraduate students (2022-25) and orient them towards the M.O.P culture. It was conducted in a total of three slots with a total strength of 1,230 students in attendance.

PROGRAMME OBJECTIVE:

- To welcome the first year students to the Institution.
- To Orient them on the expectations in terms of conduct and academic performance at MOPVC
- To sensitise the students that their conduct and performance reflect on the brand name and value of the institution they are enrolled with.

PROGRAMME BRIEF:

- The students reported as per the slot timings assigned and were directed to the respective classrooms.
- The faculty advisors first collected all the pending documents from the students and introduced the faculty of the program handling various subjects throughout the course of their study.
- The College documentary was screened at the auditorium for the students to understand the holistic activities of the college and the pride that Alumni bring to the institution.
- The Induction programme commenced with an invocation song, followed by the M.O.P Anthem, Principal's Address and a cultural programme consisting of light music, dance and a skit.

PROGRAMME OUTCOME:

- All the students were very enthused to meet their Programme heads, faculty advisors and their respective classmates.
- The students were inspired by the address of the Principal, Dr. Lalitha Balakrishnan.
- Dr. Lalitha Balakrishnan also introduced the Vice Principal, Controller of Examinations, Deans, Heads of Programmes, Head of Administration and Accounts departments of the institution.
- The cultural programme was a resounding success, as the students obtained a flavour of extra-curriculars at MOPVC. While humour was the underlying tone

Kp
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road

SIGNATURE OF THE PRINCIPAL



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

of entertainment, the activities at MOP were seamlessly woven into the skit performed by the cultural team.



THE MINI



INDEPENDENCE DAY CELEBRATIONS

PROGRAMME BRIEF :

The 75th Independence Day Celebration - Azadi Ka Amrit Mahotsav was held on 15th August 2022 in M.O.P. Vaishnav College for Women. Dr. J. S. Rajkumar, the chairman, Lifeline Hospitals group hoisted the flag followed by the NCC Drill and a patriotic song. The chief guest delivered an appealing speech and instilled a patriotic spirit by urging students to take a pride in being an Indian and fulfilling one's responsibility. He also emphasized on the sacrifices made by the unsung freedom fighters that paved the way for India's independence.

CHIEF GUEST:

Dr. J. S. Rajkumar is the chairman, Lifeline Hospitals group. He has been a pioneer teacher of Laparoscopic surgery for the last two decades, having lectured, operated and demonstrated in more than 60 cities and towns across India. He has close to 50 publications in National and International journals. He is visiting professor and lecturer in several University Medical Colleges. He has secured 32 gold medals in his under graduation and had won the University gold medal for his MBBS and MS and the coveted National gold medal for Dip. N.B.

K.P.C. Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

K.P.C. Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

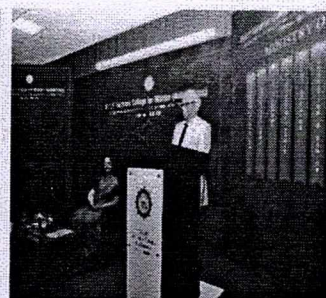
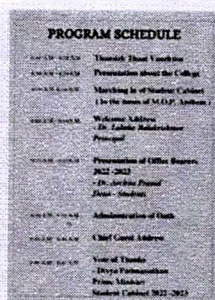
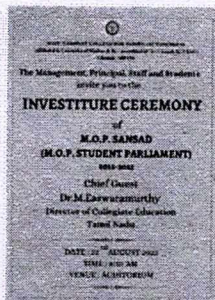


M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

2. INVESTITURE CEREMONY:

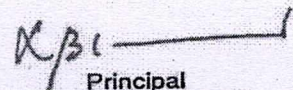


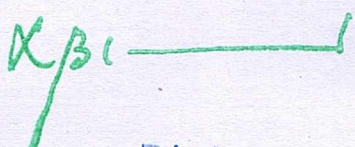
PROGRAMME BRIEF:

The Investiture Ceremony 2022-23 of the college was conducted on 22nd August 2022. Dr. M Easawaramurthy, Director of Collegiate Education, Tamil Nadu graced the occasion as the chief guest. The Principal, Dr. Lalitha Balakrishnan gave the welcome address and introduced the chief guest. There was marching in of the Student Cabinet to the tunes of MOP Anthem. He installed the members of the Student Cabinet Office bearers of various clubs and class monitors. Principal administered the Oath. The chief guest addressed the gathering on leadership qualities required for successful leaders with anecdotes.

CHIEF GUEST:

Dr. M Easawaramurthy is the Director of Collegiate Education, Tamil Nadu. He is Grade I principal at Government Arts College, Ooty. He is a Senate Member in Bharathiar University and Madurai Kamarajar University. He is the Chairman of UG & PG Board of Chemistry, Bharathiar University. He was a University Foot Ball Player, Bharathiar University.


Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034


Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034
SIGNATURE OF THE PRINCIPAL



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

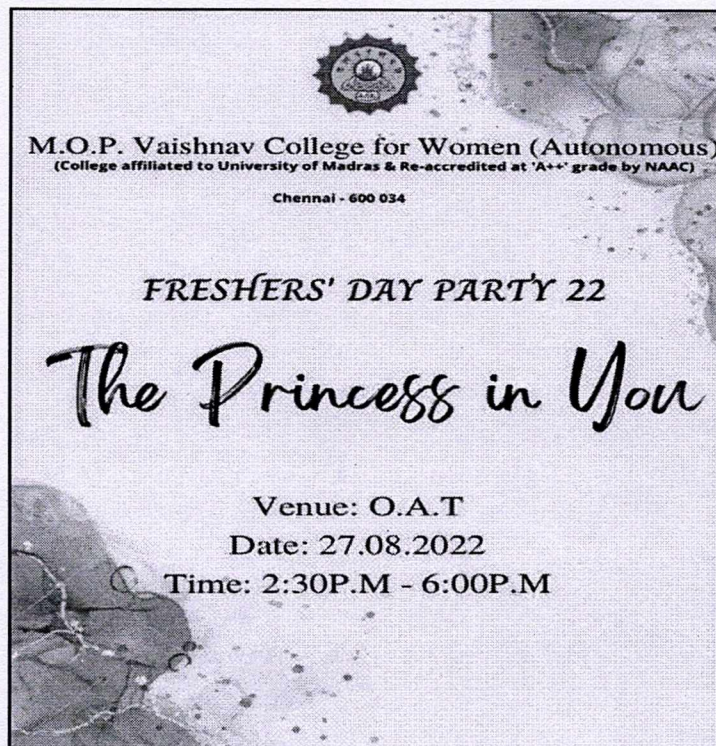
(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

FRESHERS' DAY

DATE: 27/08/2022

TIME: 3:00pm – 6:00 pm, VENUE: O.A.T



DATE	TIME	PROGRAMME TITLE	NO. OF PARTICIPANTS DEPARTMENTS
27-08-2022	3:00 pm – 3:30 pm	REGISTRATION OF EVENTS	20 Departments
27-08-2022	3:45 pm – 4:30 pm	PICTIONARY	3 Students per team, 1 Team per department, 6 Departments
27-08-2022	3:45 pm – 4:30 pm	BALLOON PYRAMID	10 Participants
27-08-2022	3:45 pm – 4:45 pm	BIOSCOPE	40 Participants
27-08-2022	3:45 pm – 4:45pm	DIY CRAFT TABLE	20 Participants

K. A. L.
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034
SIGNATURE OF THE PRINCIPAL



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

27-08-2022	4:15 pm – 5:00 pm	MS. FRESHERS PAGEANT	20 Participants
27-08-2022	5:00 pm – 6:00 pm	LET'S WALTZ	Entire Freshers

ABOUT THE PROGRAMME:

The Freshers Day Party themed "The Princess in you" was conducted to provide a platform for the new batch of undergraduate students (2022-25) to explore their talent and make it more memorable for a new journey.

PROGRAMME OBJECTIVE:

- To encourage their creative impulses to boost their confidence
- To entertain them by conducting various games and events.
- To encourage the entrepreneurship skills of II UG students by providing them with a platform for setting up stalls such as food, accessories, and beverages.

PROGRAMME BRIEF:

- Freshers showed their utmost enthusiasm for participating.
- The Principal, Dr. Lalitha Balakrishnan and Vice Principal, Dr. Uthira D were the judges for Miss. Freshers Contest.
- The winners and runners of all the events were awarded with gift hampers.
- Ms. Shubhi Choukse from the programme B.Com Accounting and Finance Shift II won the Miss. Freshers title and Ms. Maithreyi from the Programme BSc. FSM got the consolation prize.
- The day ended joyfully with an electrifying DJ from 5-6pm
- To conclude, The Freshers' day party was a grand success

PROGRAMME OUTCOME:

- First year students utilized this event to have an ice breaking session and to build a relationship with their seniors and their own batchmates.
- Students had a good opportunity to showcase their talents through various events.
- II year UG stall holders had earned a good amount of profit and a hands on experience of entrepreneurship.

KBC
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

SIGNATURE OF THE PRINCIPAL



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.



TALENT HUNT



K.P.C.
Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034
SIGNATURE OF THE PRINCIPAL



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

STREET PLAY - MINISTRY OF ENVIRONMENT

MINISTERS:

Saradha Shruthi G (III B.Sc Mathematics) Raksha K S (III B.A Sociology)

Dharshini S (II B.Sc Mathematics) Vasanthalakshmi R M (II B.A Sociology)

Year	Date of the Event	Name of the event	Number of students participated
2022-2023	September 1, 2022	Street Play - Therinjukonga Makkale	8

Programme Objectives:

- To educate students about the current environmental problems and their implications.
- To make the students realize their responsibility of taking care of our environment

Programme Brief:

- The street play event was commenced by the Deputy ministers of Environment ministry,
- Dharshini and Vasantha. The play was performed three times to spread awareness to each and every one. Students from the department of mathematics and sociology began the event with a cheerful Tamil folk song that caught the eye of the audience. The musical drama took on a serious tone with its portrayal of how improper mask disposal not only degrades the environment but also worsens public hygiene. It also threw light on the ill effects of increasing use of plastic and the destruction of water bodies and natural habitat for the construction of buildings and houses which eventually leads to the depletion of natural resources. Students from all departments gathered around to witness the thought-provoking play.
- The play educated the students on the current environmental problems along with putting forth various solutions to overcome them. They inspired us by providing a slew of practical ideas like properly discarding masks in bins, switching to 'manja pais' from plastic bags and using reusable cloth masks over disposable ones.
- The final part of the play was focused on the importance of preserving our natural resources and maintaining a greener environment. The play concluded on an enthusiastic note by encouraging us to be better students as well as responsible citizens.

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
SIGNATURE OF THE PRINCIPAL
Chennai-600 034



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

Programme Outcomes:

- Students were encouraged to introspect about their actions which harm the environment.
- The play motivated students to be more environmentally conscious



Kp1 _____
Principal

M.O.P. Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Mungambakkam High Road

SIGNATURE OF THE PRINCIPAL



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

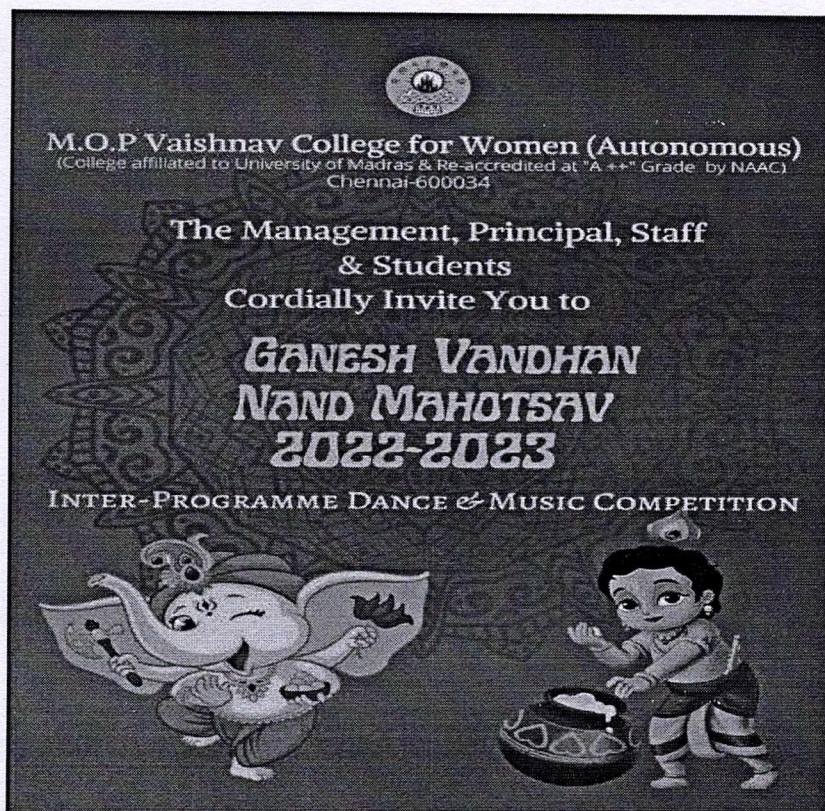
(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

GANESH VANDHAN NAND MAHOTSAV

DATE : 2nd September 2022

TIME: 9:30 – 11:30 am, VENUE: Auditorium



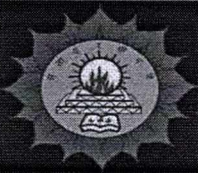
DAY 1- 29th August 2022, Tuesday(Prelims)		
EVENT	VENUE	TIMINGS
LIGHT MUSIC	AUDITORIUM (SECOND FLOOR)	10:00 A.M - 1:00 P.M (ALL PARTICIPANTS)
FOLK DANCE	AUDITORIUM (SECOND FLOOR)	02:00 P.M - 05:00 P.M (ALL PARTICIPANTS)

SEPTEMBER 2nd 2022 (Celebration Day)		
EVENT	VENUE	TIMINGS
FINALE ROUND PERFORMANCES	AUDITORIUM (SECOND FLOOR)	10:00 A.M - 12:30 P.M

Principal
Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

SIGNATURE OF THE PRINCIPAL



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

DATE	TIME	PROGRAMME TITLE	NO. OF PARTICIPANTS
29-08-2022	10:00 am – 5 pm	GANESH VANDHAN NAND MAHOTSAV PRELIMINARY ROUND	220 PARTICIPANTS
02-09-2022	9:30 – 11:30 am	GANESH VANDHAN NAND MAHOTSAV 2022	36 PARTICIPANTS/ CONTESTANTS 280 (AS AUDIENCE)

ABOUT THE PROGRAM:

The Ganesh Vandhan Nand Mahotsav is an annual event at M.O.P Vaishnav College for Women, conducted to celebrate Ganesh Chaturthi and Krishna Janmashtami. This year, the event was conducted as a Light Music and Folk Dance competition for the new batch of Undergraduate students (2022-25). The event had a footfall of three hundred and fifty students in attendance.

PROGRAMME OBJECTIVE:

- To commemorate Ganesh Chaturthi and Krishna Jayanthi with a festival of music and dance.
- To provide a platform for the first-year students to portray their talents.
- To deliver thematic presentations on stories relating to Lord Ganesha and Lord Krishna.

PROGRAMME BRIEF:

- The event was open to all Undergraduate programmes and a total of nineteen teams in Light Music and Eighteen teams in Folk Dance had registered to participate.
- An Invite and Rule Book containing all the event guidelines was circulated to all the participants.
- On 29th August 2022, a preliminary round was conducted in which the top four teams that performed the best were chosen as finalists. The judges for this round were Ms. Shankari and Ms. Kaveri, Cultural Co-ordinators and faculty of M.O.P Vaishnav College for Women.
- The Finale round was held on 2nd September 2022, with prominent personalities from the Fine Arts field graced the event in the capacity of Judges. Dr. Rajshri Ramakrishna, Chairperson, School of Fine and Performing Arts, University of Madras and Ms. Kameshwari Ganesan, an Alumni of MOPVC and faculty member, Sridevi Nrityalaya

K. P. S.
Principal
M. O. P. Vaishnav College for Women
(Autonomous)

No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

SIGNATURE OF THE PRINCIPAL



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)
(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)
Chennai - 600 034, India.

had presided over the programme. The event was also presided over by Dr. Lalitha Balakrishnan, Principal, MOPVC.

- The finalists had given very scintillating performances and garnered appreciation from both the Judges.
- The Prize winners of each event were as follows:

EVENT/PLACE	LIGHT MUSIC	FOLK DANCE
I	B.Sc. Psychology	B.Com Accounting & Finance Shift II
II	B.Com Marketing Management	B.Sc Food Science and Management
III	B.Com Accounting & Finance Shift I B.Com Finance and Taxation (Tie)	B.Com Accounting & Finance Shift I

PROGRAMME OUTCOME:

- The event was a grand success with students delivering very enjoyable performances in accordance with the theme of Ganesh Vandhan Nand Mahotsav
- The Auditorium also was decorated with Idols and Flowers which provided a divine ambience to the gathering.
- The Judges praised the conduct of the event and the performances and also shared their expertise

ATTENDANCE

LIGHT MUSIC				
S.no.	Programme Name	Slot number	Name of Student	SIGNATURE
✓	B.COM ACCOUNTING AND FINANCE SHIFT-I	1	Ananya Sivakumar	Adm
			Lekshmanan G	B. Lakshmi
			Sanyuktha G	S. Sanyuktha
			Keerthana S	Keerthana
			Divya Janakiraman	Divya
			Sei Shivan N	Sei
	B.COM MM	2	Knuthagnya N	Knuthagnya
			Ranjana R.P	Ranjana
			Manasa S	Manasa
✓	B.SC PSYCHOLOGY	3	Anuritha Chandrasekhar	Anuritha
			Abhinaya	Abhinaya
			Vaishnavi	Vaishnavi
			Rakshita	Rakshita
			Anuritha	Anuritha
			Pothiya	P. Pothiya
✓	B.COM FINANCE & TAXATION	4	Tejaswini Chandar	Tejaswini
			S K Anuritha Varshini	Anuritha Varshini

		Sarada V	Sarada V
		Manaswini I	Manaswini I
		Buvanewari S	Buvanewari S
		Sahana S	Sahana S

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034
SIGNATURE OF THE PRINCIPAL



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)
(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)
Chennai - 600 034, India.

FOLK DANCE				
S.no.	Programme Name	Slnt number	Name of Student	SIGNATURE
	B.COM ACCOUNTING AND FINANCE SHIFT-I	1	Muskan G Chandak	Muskan
			Shri Mathura S	Mathura
			Sakshi Maheshwari B	Sakshi
			Sanjuktha S	Sanjuktha
			Helsi Riya Infant W	Helsi
	B.SC FSM	2	Sai Rinkha B	Sai Rinkha B
			Samridhhi V K	Samridhhi
			Aparajitha Sharina A R	Aparajitha
			Aymer Wafre K	Aymer Wafre
			Nehra M	Nehra
	B.SC PSYCHOLOGY	3	Mythreyi Kalyanaraman	Mythreyi
			Karishma M R	Karishma
			Dhanuka	Dhanuka
			GAYATHRI S	Gayathri
			Purvi Agarwal	Purvi Agarwal
	B.COM ACCOUNTING & FINANCE SHIFT II	4	Sucheta Srivatsan	Sucheta
			Tharini Veeraganta	Tharini
			Subhashree R	Subhashree



Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, TV Lane, Nungambakkam High Road
Chennai-600 034

SIGNATURE OF THE PRINCIPAL



M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

Workshop on Menstruation Hygiene and Sustainable Menstruation

Programme Title: Workshop on Menstruation Hygiene and Sustainable Menstruation

Date: 15th September 2022
to 11.30 am

Time: 10

Venue: Auditorium
Participants: 266

No of

Program Brief

- A workshop throwing light on Menstrual Health. The guest personnel addressed the gathering and educated us on various aspects of menstruation and menopause and also talk about improvisation and sustainable practices.
- The workshop began with an invocation song performed by Hemasri and Madhumitha, MPs of the Ministry of Health and Hygiene. This was followed by Vijhya Shrie A, Minister of Health and Hygiene, delivering the welcome address. Then our guest personnel, Ms. Neelam Sarda, Menstrual Hygiene Activist and Periodpreneur talked about safe menstrual practices, ways to deal with period pain, sustainable menstrual practices and mainly about the benefits of using a menstrual cup.
- After the session, we had a question answer session where students posed their questions and Ms. Neelam Sarda answered them. This was followed by Nivedita Valliammai S, Deputy Minister of Health and Hygiene, delivering the vote of thanks.

Program Outcome:

- Sanitary napkins have developed over the years and the usage of present day sanitary napkins are a threat to the environment as the chemical compositions are as such and not easily degradable and remain as such for millions of years.
- This brings about the need for the development of sustainable practices like the use of menstrual cups.
- A whole lot of people even in the urban cities have misconceptions and hesitate to use menstrual cups. This workshop served as a platform where they could clarify their doubts and get rid of those misconceptions they had and also know about the benefits of using the same.
- The guest personnel also talked about dealing with period pain and taught some techniques that could be practiced to deal with it.

Guest Personnel's Profile

Ms. Neelam Bharat Sarda who is now a menstrual hygiene activist and period preneur is a gold medallist in Msc Biology. She earlier worked as a Marketing manager in Dainik Bhaskar Newspaper, Announcer at AIR also as a Presenter in DD Bhopal. She has organized many cultural Shows, fashion shows, art exhibitions, art competitions, fairsetc. She did not stop with this but rather went on assisting Gulzar & Shekhar Kapoor in movie making at Bhopal.

Principal
M.O.P. Vaishnav College for Women
(Autonomous)
SIGNATURE OF THE PRINCIPAL
Chennai-600 034



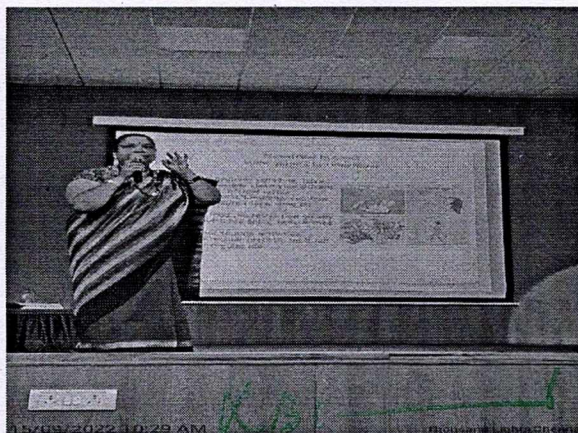
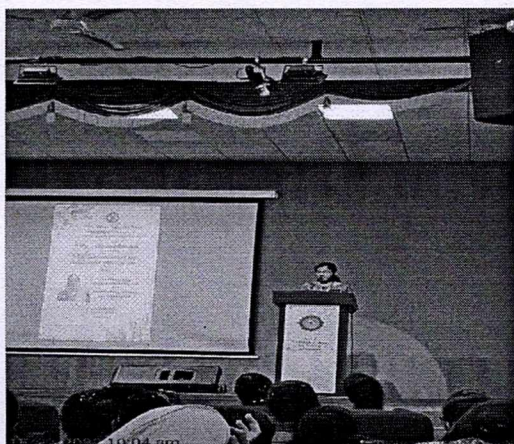
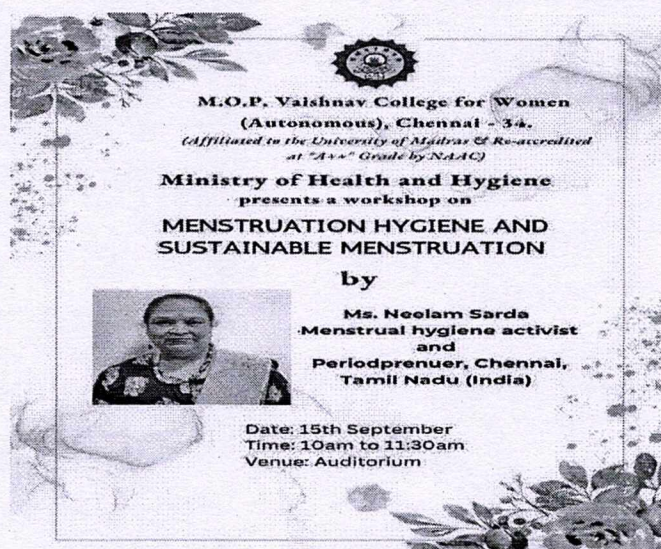
M. O. P. VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to University of Madras and Re-accredited at "A++" grade by NAAC)

Chennai - 600 034, India.

She organized a Karm Yatra where they associated with Women TV Network, Rajasthan Patrika, Vaishya Bharati magazine, Sri Maheshwari times etc. She has won four golden world records namely for the largest distribution of flavored drink, highest installation of sanitary napkin machines in India, Largest distribution of biodegradable sanitary napkins in Chennai and for Highest matrimonial alliances by one organization especially in Pandemic period. She also runs a youtube Channel named Parwah for creating awareness on menstrual health and to promote green menstruation.

Programme Invite



Principal
M.O.P. Vaishnav College for Women
(Autonomous)
No. 20, IV Lane, Nungambakkam High Road
Chennai-600 034

SIGNATURE OF THE PRINCIPAL

