



M.O.P. Vaishnav College for Women (Autonomous)

Chennai - 600 034

(College Affiliated to University of Madras & Re-accredited at 'A++' Grade by NAAC)



B.Sc Psychology

INFORMATION BROCHURE

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About the Programme

The Undergraduate studies of Psychology incepted in the year 2016 aims at empowering students to lead and effect positive change in the world by instructing ethical, systematic study of behaviour & mental processes, and its application to community & global issues with intellectual engagement and academic excellence.





The programme equips students and trains them in developing high-level skills in communication, research methods, analytical thinking and social entrepreneur skills relevant to social science. Courses are designed to orient students to understand the complete human being across the entire life span at different levels of analysis that include the brain, the mind (cognitive and affective processes), the person (individual emotional and attitudinal patterns), the group and community (how members relate to each other and how individual group experience is impacted by cultural and community context). The central goal of the undergraduate studies is to provide a contemporary, comprehensive and challenging investigation in appreciating the complete human behaviour.



Objectives of the Programme

- Encourage critical thinking, problem-solving and research skills
- Enhance the applied knowledge to link theoretical concepts into applications of everyday situation.
- Assist and guide students at every level such as career guidance, research projects, participation in co-curricular activities.
- Support the development of a wide range of transferable employability skills.

Highlights of the Programme



- Dynamic and committed faculty
- Curriculum design catering to global needs and recent trends.
- Blended Teaching and Learning methods
- Innovative teaching pedagogy
- Well-equipped library with books and journals
- Fully equipped psychology laboratory
- Supportive and simulating environment
- Promotion of student research/paper presentation/publication
- High standards of pursuit
- Internships in industries, NGOs, special schools, hospitals
- Participation in community and field projects
- Experiential learning through workshops
- Periodic guest lectures/ seminars/ conferences
- Promotion to participate in intercollegiate activities and academic events.



Career Prospects

The programme considers employability to be a key aim within its delivery. Psychology is a broad discipline, essentially spanning subject matter from biology to sociology concerned with human behaviour. It takes into account the evolving nature of the field, adapting to the changing needs and to meet the objectives and policies of the nation.

The programme helps students navigate this huge web, and decide which path to choose. Students are provided with information and upskilled with employability skills through workshops and value added courses.

Students graduating from the programme will gain a range of skills that can be applied to a wide array of fields that encompasses both research and practice which includes:

- Child Development
- Neuroscience and Research
- Clinical and Rehabilitation Psychology
- Counselling Psychology
- Career Counselling and Special Education
- Media and Human Resources
- Industrial and Organisational Psychology
- Forensic Psychology
- Sports Psychology
- Health Psychology and Psycho-oncology
- Palliative Care
- Environmental Psychology
- Psychometrics

Courses Offered

Year I

- General Psychology
- Biological Psychology
- Statistical Methods
- Introduction to Cyberpsychology
- Fitness Psychology

Year II

- Developmental Psychology
- Experimental Psychology
- Psychological Testing
- Human Resources Management
- Psychology of Interpersonal Relations



Year III

- Abnormal Psychology
- Counselling Psychology
- Organizational Psychology
- Social Psychology
- Positive Psychology
- Health Psychology
- Research Methods
- Project Survey

The PSOs and COs for the program can be referred using the link found in college website <https://mopvc.edu.in/pos-psos-cos/>

Teaching and Learning Process



A variety of teaching methods that aren't just limited to the course content are used. The courses usually combine several modes of teaching, such as lectures, seminars, workshops, activities, guest lectures, presentations, and practical classes. Students are encouraged to take part in co-curricular and extra-curricular activities. Students immerse themselves into volunteering, internships and conduct research under supervision. Teaching methods are skill-focused and provide strong conceptual knowledge.

Nature of the event	Number of events conducted
Workshops	12
Guest Lecture	23
Panel Discussions	2
Webinars	6

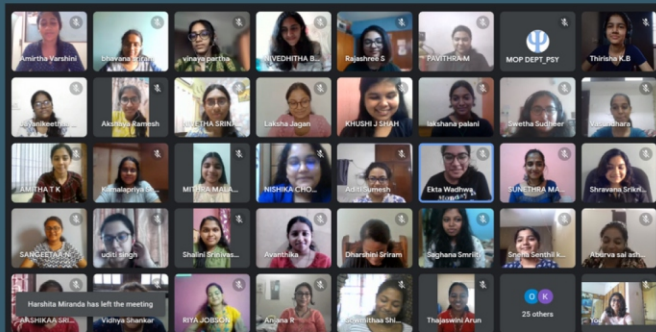
Psychology Lab



To encourage students' conceptual understanding of the theory–practice relationship and facilitate higher level reasoning skills, a well equipped psychological laboratory enables to conduct controlled experiments and psychological assessments. Students develop skills for psychometric testing, lab etiquettes, and psychological report writing.



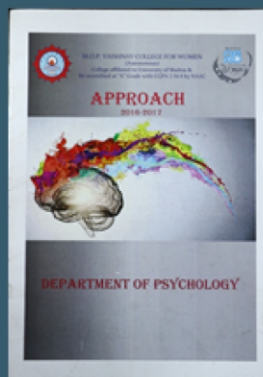
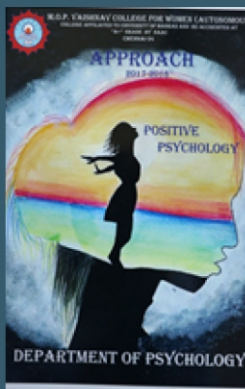
Student Club- Chinmay Club



The student club, “Chinmay”, hosts a variety of innovative and interactive activities, competitions, intercollegiate and interdepartmental events for activity based learning and promote healthy relationships with peer institutions.

Student Journal

The student-run journal is released annually, based around different themes every year and welcomes creative articles in the form of poetry, critical review, conceptual papers, illustrations on the subject. Journalling develops writing skills, editorial skills, divergent thinking and team work.



Student Activities

Student Achievements

Extra and co-curricular activities are what help in improving the holistic wellbeing of students. Students are encouraged to take part in intercollegiate, interdepartmental activities. Our students have won and participated in several national, international and university level competitions.

Internship

Students take up several internships in order to get hands-on training, build working portfolios, professional networking, and explore their skill-sets and career interests.

Student Presentation and Publication

Students are encouraged to participate in events conducted by other colleges such as conferences and seminars in order to grow their contemporary knowledge of the field. Under faculty guidance, students have written, presented, and published several academic papers in UGC care listed journals.



Community Linkage Activities



In order to promote civic leadership skills, students are encouraged to participate in youth development programs and community field projects. Field projects help students understand the challenges of society and engage as social agents, contributing their best to social change and creating a harmonious community.





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